

No.	FULL NAME OF POSTDOCTORAL RESEARCHER	POSTDOCTORAL RESEARCH TOPIC	SUPERVISOR	ASSEMBLY DECISION	STATUS
1	Maria Vlachava	Nutritional intervention using new technologies for the management of metabolic syndrome in adults	Odysseas Androutsos, Associate Professor, Department of Dietetics and Nutrition, University of Thessaly	28th/18-02-2021	Completed
2	Niki Kontou	The effect of intermittent fasting on the toxicity of chemotherapy side effects in women with early breast cancer	Odysseas Androutsos, Associate Professor, Department of Dietetics and Nutrition, University of Thessaly	28th/18-02-2021	Ongoing
3	Ioanna-Panagiota Kalafati	Investigation of nutritional status and its impact on quality of life, functional capacity, and mental health of Greek oncology patients	Odysseas Androutsos, Associate Professor, Department of Dietetics and Nutrition, University of Thessaly	47th/20-01-2022	Completed
4	Petros Ntinas	Comparative effectiveness of physical activity and pharmacological interventions on inflammatory joint diseases and osteoarthritis. A network meta-analysis	Georgios Metsios, Professor, Department of Dietetics and Nutrition, University of Thessaly	75th/09-03-2023 & 126th/12-12-2024	Ongoing
5	Vaios Svolos	Cognitive schemas and perceptions regarding the role of nutrition and dietary therapies in gastrointestinal diseases	Odysseas Androutsos, Associate Professor, Department of Dietetics and Nutrition, University of Thessaly	101th/07-12-2023	Ongoing

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6	Dimitra Eleftheria Stroggiylou	Development and evaluation of the feasibility and acceptability of a dietary–psychological intervention aimed at improving biological and psychosocial factors in patients with Inflammatory Bowel Diseases (IBD) and Irritable Bowel Syndrome (IBS)	Odysseas Androutsos, Professor, Department of Dietetics and Nutrition, University of Thessaly	115th/04-07-2024	Ongoing
7	Athanasios Migdanis	Investigation of the effect of homogenized foods compared to commercial formula solutions on intestinal function and anthropometric and biochemical indicators in patients receiving enteral nutrition	Odysseas Androutsos, Professor, Department of Dietetics and Nutrition, University of Thessaly	118th/12-09-2024	Ongoing