



ΠΑΝΕΠΙΣΤΗΜΙΟ ΘΕΣΣΑΛΙΑΣ

ΣΧΟΛΗ ΕΠΙΣΤΗΜΗΣ ΦΥΣΙΚΗΣ ΑΓΩΓΗΣ, ΑΘΛΗΤΙΣΜΟΥ ΚΑΙ ΔΙΑΙΤΟΛΟΓΙΑΣ

**ΤΜΗΜΑ ΔΙΑΙΤΟΛΟΓΙΑΣ ΚΑΙ ΔΙΑΤΡΟΦΟΛΟΓΙΑΣ,
(ΤΔΔ)**

**Το Τμήμα Διαιτολογίας και Διατροφολογίας του Πανεπιστημίου Θεσσαλίας έχει
την τιμή να σας προσκαλέσει στη διάλεξη του:**

Omar A. Obeid, BSc, MSc, PhD

Professor of Human Nutrition, Chairperson

Department of Nutrition and Food Sciences

American University of Beirut, Lebanon

με τίτλο:

“It’s Time to Take the Shiny Element Out of the Darkness!”

την Τρίτη 01 Απριλίου 2025 και ώρα 11:00

στην αίθουσα 2.3 του ΤΔΔ.

Omar Obeid is a professor (chair) of Human Nutrition, Department of Nutrition and Food Sciences, at the American University of Beirut, Lebanon. He has about 30 years of experiences in the field of Nutritional biochemistry. His area of expertise is related to nutrition and metabolism with a special focus on micronutrients and energy balance. He delivers two graduate courses on vitamins and minerals. Hold extensive experiences in the execution of human and animals’ studies. He is involved in the design, implementation, and evaluation of several research projects in collaboration with international institutions. He performed many nutritional consultancies for several UN (WHO, UNICEF, FAO, WFP, WB), NGOs and scientific institutions. He has significant number of scientific publications in reputable journals.