

MARIA PAPAGIANNI

Item	Number
Books	
Book Chapters	3
Articles in International Peer-Reviewed Journals Indexed in Bibliographical Databases	43
Articles not Indexed in Bibliographical Databases	5
Refereed International Conference Presentations	44
Invited Presentations	99
Google Scholar/Scopus Citation Index (including self-citations)	852/518
Google Scholar/Scopus h-index	18/15
Involved in Successful Grant Applications	2

1. EDUCATION

- **Aristotle University of Thessaloniki** 1986-1993

Medical School

Ptychio Iatrikis (MD)

- **Royal Postgraduate Medical School (RPMS), Hammersmith Hospital** 1992

Elective Student

- **Infectious Diseases Hospital of Thessaloniki** 1995-1997

Training in Pediatrics

- **University of Thessaly** 1998-2002

Medical School, Dept of Physiology

PhD

Subject: "Insulin's action on airway smooth muscle cell contraction - The role of epithelium"

- **Aristotle University of Thessaloniki** 1999-2001

3rd Pediatric Dept, Hippokration General Hospital of Thessaloniki

Training in Pediatrics

Greek Certificate of Completion of Training in Paediatrics (Oct 2001)

- **University College London** 2002

Great Ormond Street Hospital for Children and Institute of Child Health

& The Middlesex Hospital

Training in Pediatric Endocrinology

- **University of Thessaly** 2004-2006

Medical School, Dept of Physiology

Postdoctoral Study ("Pythagoras I" scholarship-EPEAEK)

Subject: "Insulin's action on airway smooth muscle cells"

2. EMPLOYMENT HISTORY

1993-1995: General Practice, Greek NHS

1995: Fellow, Endocrine Unit, 3rd Pediatric Dept of Aristotle University of Thessaloniki, Hippokration General Hospital of Thessaloniki, Greece

1995-1997: Senior House Officer, Dept of Pediatrics, Infectious Diseases Hospital, Thessaloniki, Greece (Rotation post, NICU, Hippokration General Hospital of Thessaloniki for 4 months)

1997-1999: Clinical/Research Fellow, Endocrine Unit, 3rd Pediatric Dept of Aristotle University of Thessaloniki, Hippokration General Hospital of Thessaloniki

1998-1999: Research Fellow & Administrative Manager, Supplementary Educational Program of EPEAEK "Occupational Safety and Health in Agriculture"

1999-2001: Registrar (Rotation post), 3rd Pediatric Dept of Aristotle University of Thessaloniki, Hippokration General Hospital of Thessaloniki

2002: Honorary Specialist Registrar, Endocrine Dept, Great Ormond Street Hospital for Children (GOSH) & The Middlesex Hospital, London, UK

2002: Clinical/Research Fellow, Dept of Endocrine and Metabolic Disorders, Institute of Child Health, University College London, UK

2003-2010: Fellow in Pediatric Endocrinology, Paediatric Dept, University Hospital of Larissa

2003-2010: Lecturer (under contract-Presidential Decree 407/80), Medical School, University of Thessaly (Subject: Pediatrics, Pediatric Endocrinology, Pathophysiology)

2003-present: Private Practice (Pediatric Endocrinology)

2004-2006: Postdoctoral Scholar, Medical School, University of Thessaly

2006-2014: Clinical/Research Fellow, Endocrine Unit, 3rd Pediatric Dept of Aristotle University of Thessaloniki, Hippokration General Hospital of Thessaloniki

2015-2025: Academic Scholar, 3rd Pediatric Dept of Aristotle University of Thessaloniki, Hippokration General Hospital of Thessaloniki (Subject: Pediatric Endocrinology)

2021-2026: Assistant Professor of Pediatric Endocrinology-Metabolism and Nutrition in Child and Adolescent at the Department of Nutrition and Dietetics, University of Thessaly

2025-present: Scientific Associate of the Endocrinology and Pediatric Diabetes Unit of the 1st Pediatric Department of the Aristotle University of Thessaloniki at Hippokration General Hospital of Thessaloniki

2026-present: Associate Professor of Pediatric Endocrinology-Metabolism and Nutrition in Child and Adolescent at the Department of Nutrition and Dietetics, University of Thessaly

3. ACADEMIC AND SCIENTIFIC EXPERIENCE

3.1. Undergraduate Teaching

Academic Institution/Department:

- Aristotle University of Thessaloniki, Medical School (1999-2001 & 2006-present)
- University of Thessaly, Medical School (2003-2010)
- Technological Education Institute of Larissa, Department of Medical Laboratories (2002-2013)
- Technological Education Institute of Larissa, Department of Nursing (2002-2014)
- University of Thessaly, Department of Nutrition and Dietetics (2021-present)

Subjects:

- Clinical practice of medical students in pediatric endocrinology
- Pediatrics
- Pediatric Endocrinology

- Medical Communication
- Physiology I & II
- Pathophysiology
- Metabolism I & II
- Clinical Pediatric Nutrition

3.2. Postgraduate Teaching

Academic Institution/Department:

- University Hospital of Larissa, Participation in the Educational Program of training in General Medicine (2006-2009)
- Aristotle University of Thessaloniki, 3rd Pediatric Dept, Hippokration General Hospital of Thessaloniki, Participation in the Educational Program of training in Pediatrics (2006-present)
- National and Kapodistrian University of Athens, Medical School, Postgraduate Studies Program «Research in female reproduction» (2013-present)
- Aristotle University of Thessaloniki, Medical School, Postgraduate Studies Program «Applied Nutrition and Health Promotion» (2023)
- Aristotle University of Thessaloniki, Medical School, «Adolescent Medicine & Adolescent Health Care» (2023-present)

Subjects:

- Acid-Base Balance
- Emergencies in Pediatrics
- Pediatric Endocrinology
- Diabetes Mellitus
- Puberty Disorders
- Thyroid & Adrenal Disorders
- Physiology-Pathophysiology of Puberty in Female
- Hyperandrogenism in childhood
- Nutritional Support of pediatric patients in clinical practice
- Obesity in childhood and adolescence: Approach and Management
- Nutrition in Adolescence

3.3. Supervisions/Co-supervision of Doctoral Theses

3.3.2. In Progress

- Aristotle University of Thessaloniki, Medical School (Daramilas Christos)(co-supervisor)
- University of Thessaly, Department of Nutrition and Dietetics (Kapama Aikaterini)(supervisor)
- University of Thessaly, Department of Nutrition and Dietetics (Ntelis Nikolaos)(supervisor)

3.4. Supervisions/Co-supervision of Master's Theses

3.4.1. Completed:

- National and Kapodistrian University of Athens, Medical School, Postgraduate Studies Program «Research in female reproduction», Subject: «Assisted reproduction in Congenital Adrenal Hyperplasia»
- National and Kapodistrian University of Athens, Medical School, Postgraduate Studies Program «Research in female reproduction», Subject: «Environmental impact on female fertility and pregnancy with emphasis on the role of endocrine disruptors»

- Aristotle University of Thessaloniki, Postgraduate Studies Program «Human Performance», Subject: «The impact that the participation in Summer Camps has on Physical Activity and Quality of Life for children and adolescents suffering from Diabetes Mellitus type 1»
- National and Kapodistrian University of Athens, Medical School, Postgraduate Studies Program «Research in female reproduction», Subject: «Complete Androgen Insensitivity Syndrome and analysis of a rare mutation in a case»
- National and Kapodistrian University of Athens, Medical School, Postgraduate Studies Program «Research in female reproduction», Subject: «The Impact of the Mediterranean Diet on Infertility»
- Aristotle University of Thessaloniki, Postgraduate Studies Program «Applied Nutrition and Health Promotion», Subject: «A Systematic Review and Meta-Analysis of the Effect of Probiotics on Glycemic Control in Children and Adolescents with Type 1 Diabetes Mellitus»
- National and Kapodistrian University of Athens, Medical School, Postgraduate Studies Program «Research in female reproduction», Subject: «The association between maternal TSH levels at third trimester and neonatal somatometric characteristics in full-term pregnancies»
- Aristotle University of Thessaloniki, Postgraduate Studies Program «Applied Nutrition and Health Promotion», Subject: «Association of Bone Mineral Density with Physical Activity and Nutritional Indices in Adolescents and Young Adults with Cystic Fibrosis»

3.4.2. In Progress:

3.5. Funding

3.5.1. Competitive National Funding:

- Scholarship from EPEAEK II – Ministry of Education «Pythagoras I: Funding of Research groups in the universities» for studying the insulin's action on airway smooth muscle. Duration:03/2004-08/2006. Budget: €90,000.
- Member of the Scientific Team, *“Center for the Assessment and Improvement of Physical Activity to Address Health Inequalities”* (Program “Thessaly”, RIS3). Funded by the Managing Authority of the Program “Thessaly”. Duration: 07/2025–06/2027. Budget: €200,000.

3.6. Participation in Scientific and Administrative Committees

- Elected Member in the Steering Committee of the Scientific Section of Pediatric Endocrinology of Hellenic Endocrine Society (2014-2022)
- Elected Member in the Steering Committee of the Hellenic Society of Pediatric and Adolescent Endocrinology (2018-2021)
- Representative of Greece at the General Committee of Diabetes Education Study Group (DESG) of the European Association for the Study of Diabetes (EASD) (2023-present)

3.7. Membership in National and International Professional Organizations

- Hellenic Pediatric Society
- Pediatric Society of North Greece
- Hellenic Society of Pediatric and Adolescent Endocrinology
- European Society for Pediatric Endocrinology (ESPE)
- British Endocrine Society (BES)
- Hellenic Endocrine Society

- Endocrine Society (American Endocrine Society)
- European Endocrine Society (ESE)
- Hellenic Diabetes Society
- Diabetes Society of North Greece
- Medical Society of Thessaloniki

4. PUBLICATIONS

4.1. Book Chapters

- **M. Papagianni** «Short Stature» in «Pediatric and Adolescent Primary Care». Ch. Chrysanthopoulos (Ed), ROTONDA publications, Thessaloniki 2012 (8.3, p459-452)
- G. Mastorakos, M. Nezi, D. Macut, **M. Papagianni**. “Environmental Influences on Endocrine Disease” in “Oxford Textbook of Endocrinology and Diabetes” 3rd edition, Oxford University Press, 2021
- A-K. Sakali, A. Bargiota, **M. Papagianni**, A. Racic-Markovic, G. Mastorakos. “Environmental Impact on Female Fertility and Pregnancy” In book: Environmental Endocrinology and Endocrine Disruptors, April 2023, DOI: 10.1007/978-3-030-39044-0_6

4.2. Articles in International Peer-Reviewed Journals Indexed in Bibliographical Databases

- Gourgoulialis KI, **Papagianni M**, Molyvdas PA. “Maternal atopy and childhood bronchial asthma”, J Allergy Clin Immunol, March 1998;101(3):432. doi.org/10.1016/S0091-6749(98)70265-9
- **Papagianni M**, Gourgoulialis KI, Molyvdas PA. “Insulin NO-Dependent Action on Airways Smooth Muscles”, Nitric Oxide: Biology and Chemistry, Jan 2001; 5(1):72-76. doi.org/10.1006/niox.2000.0317
- Gourgoulialis KI, Brelas N, Hatziparasides G, **Papagianni M**, Molyvdas PA. “The influence of altitude in bronchial asthma”, Arch Med Res Sept-Oct 2001;32(5):429-3. doi.org/10.1016/S0188-4409(01)00302-2
- **Papagianni M**, Stanhope RG. “How should we manage Growth Hormone Deficiency in Adolescence? Transition from Paediatric to Adult care”, J Pediatr Endocrinol Metab 2003;16:23-25. doi.org/10.1515/JPEM.2003.16.1.23
- **Papagianni M**, Stanhope RG. “Labial adhesions in a girl with isolated premature thelarche: The importance of oestrogenization”, J Pediatr Adolesc Gynecol 2003 Feb; 16(1):31-32. doi.org/10.1016/S1083-3188(02)00206-1
- **Papagianni M**, Stanhope RG. “Should the dose of Growth hormone be increased during the growth spurt of children with isolated Growth Hormone Deficiency?” J Pediatr Endocrinol Metab 2003 Oct-Nov;16(8):1095-7. doi.org/10.1515/JPEM.2003.16.8.1095
- **Papagianni M**, Stanhope RG. “Should serum IGF-I concentrations be monitored routinely during growth hormone therapy?” J Pediatr Endocrinol Metab 2004 Feb;17(2):141-2. doi.org/10.1515/JPEM.2004.17.2.141
- **Papagianni M**, Hatziefthimiou A, Chachami A, Gourgoulialis K, Molyvdas P-A, Paraskeva E. “Insulin causes a transient induction of proliferation via activation of the PI3-kinase pathway in Airway Smooth Muscle cells” Exp Clin Endocrinol Diabetes 2007;115:118-123. doi.10.1055/s-2007-967094

- **Papagianni M**, Hatziefthimiou A, Chachami G, Gourgoulisanis K, Molyvdas PA, Paraskeva E. "Inhaled insulin does not trigger lung inflammation and airway remodelling". *Eur Respir J*. 2009 Feb;33(2):444-5. doi.10.1183/09031936.00140708
- Stamatiou R, Paraskeva E, **Papagianni M**, Molyvdas PA, Hatziefthimiou A. "The mitogenic effect of testosterone and 17 β -estradiol on airway smooth muscle cells" *Steroids* 2011 Mar;76(4):400-8. doi.org/10.1016/j.steroids.2010.12.010
- Kitsios K, Papadopoulou M, Kosta K, Kadoglou N, Chatzidimitriou D, Chatzopoulou F, **Papagianni M**, Tsiroukidou K, Malisiovas N. "Interleukin-6, tumor necrosis factor α and metabolic disorders in youth" *J Endocrinol Metab* 2012;2(3):120-127 <https://www.jofem.org/index.php/jofem/article/view/111/135>
- Malli F, Koutsokera A, Paraskeva E, Zakynthinos E, **Papagianni M**, Makris D, Tsilioni I, Molyvdas P-A, Gourgoulisanis KI, Daniil Z. "Endothelial Progenitor Cells in the Pathogenesis of Idiopathic Pulmonary Fibrosis: An Evolving Concept" *Plos One* 2013 Jan;8(1) doi.10.1371/journal.pone.0053658
- Kitsios K, Papadopoulou M, Kosta K, Kadoglou N, **Papagianni M**, Tsiroukidou K. "High Sensitivity C-Reactive Protein Levels and Metabolic Disorders in Obese and Overweight Children and Adolescents" *J Clin Res Pediatr Endocrinol* 2013;5(1):44-49. doi.10.4274/Jcrpe.789
- Paltoglou G, Fatouros IG, Valsamakis G, Schoina M, Avloniti A, Chatzinikolaou A, Kambas A, Draganidis D, Mantzou A, **Papagianni M**, Kanaka-Gantenbein C, Chrousos GP, Mastorakos G. "Antioxidation improves in puberty in normal weight and obese boys, in association with exercise-stimulated growth hormone secretion" *Pediatr Res*. 2015 Aug;78(2):158-64 doi.org/10.1038/pr.2015.85
- Papadimitriou DT, Dermitzaki E, **Papagianni M**, Papaioannou G, Papaevangelou V, Papadimitriou A. "Anastrozole plus leuporelin in early maturing girls with compromised growth: the GAIL study". *J Endocrinol Invest*. 2016 Apr;39(4):439-46. doi.org/10.1007/s40618-015-0399-z
- Paltoglou G, Schoina M, Valsamakis G, Salakos N, Avloniti A, Chatzinikolaou A, Margeli A, Skevaki C, **Papagianni M**, Kanaka-Gantenbein C, Papassotiriou I, Chrousos GP, Fatouros IG, Mastorakos G. "Interrelations among the adipocytokines, leptin and adiponectin, oxidative stress and aseptic inflammation markers in pre- and early-pubertal normal-weight and obese boys". *Endocrine*. 2017 Mar;55(3):925-933. doi.org/10.1007/s12020-017-1227-3
- Tsiroukidou K, **Papagianni M**, Hatzigorou E, Galli-Tsinopoulou A, Giannopoulos A, Tsanakas I. "Exercise testing and adipokine levels for the evaluation of overweight and obesity in children". *Hippokratia*. 2017 Jul-Sep;21(3):124-129. PMID: PMC6248005
- Hatzigorou E, Kouroukli E, Avramidou V, **Papagianni M**, Papanikolaou D, Terzi D, Karailidou M, Kirvassilis F, Panagiotakos D, Tsanakas J. "A "real-life" study on height in prepubertal asthmatic children receiving inhaled steroids". *J Asthma*. 2018 Apr; 55(4):437-442. doi.org/10.1080/02770903.2017.1336243
- Mouslech Z, Somali M, Livadas S, Daramilas C, Chatzi A, **Papagianni M**, Mastorakos G, Savopoulos C, Hatzitolios AI. "Significant effect of group education in patients with diabetes type 1". *Hormones (Athens)*. 2018 Sep;17(3):397-403. doi.org/10.1007/s42000-018-0054-0
- Chatzakis C, Floros D, **Papagianni M**, Tsiroukidou K, Kosta K, Vamvakis A, Koletsos N, Hatzigorou E, Tsanakas I, Mastorakos G. "The beneficial effect of the mobile application

- Euglyca® in Children and Adolescents with Diabetes Mellitus Type 1. A randomized controlled trial". *Diabetes Technol Ther*. 2019 Sep 27. doi.org/10.1089/dia.2019.0170
- Paltoglou G, Avloniti A, Chatzinikolaou A, Stefanaki C, **Papagianni M**, Papassotiriou I, Fatouros IG, Chrousos GP, Kanaka-Gantenbein C, Mastorakos G. "In early pubertal boys, testosterone and LH are associated with improved anti-oxidation during an aerobic exercise bout". *Endocrine*. 2019 Aug 4. doi: 10.1007/s12020-019-02037-1. doi.org/10.1007/s12020-019-02037-1
 - Chatziaggelou A, Sakkas EG, Votino R, **Papagianni M**, Mastorakos G. "Assisted Reproduction in Congenital Adrenal Hyperplasia". *Frontiers in Endocrinology*. 2019 Oct; 10:723. doi:10.3389/fendo.2019.00723
 - Fanis P, Neocleous V, Kosta K, Karipiadou A, Hartmann MF, Wudy SA, Karantaglis N, Papadimitriou DT, Skordis N, Tsikopoulos G, Phylactou LA, Roilides E, **Papagianni M**. "Late diagnosis of 3 β -Hydroxysteroid dehydrogenase deficiency: the pivotal role of gas chromatography-mass spectrometry urinary steroid metabolome analysis and a novel homozygous nonsense mutation in the HSD3B2 gene". *J Pediatr Endocrinol Metab*. 2020 Nov 11;/j/jpem.ahead-of-print/jpem-2020-0245/jpem-2020-0245.xml. doi: 10.1515/jpem-2020-0245.
 - Kardalas E, Maraka S, **Papagianni M**, Paltoglou G, Siristatidis C, Mastorakos G. "TGF- β Physiology as a Novel Therapeutic Target Regarding Autoimmune Thyroid Diseases: Where Do We Stand and What to Expect." *Medicina (Kaunas)*. 2021 Jun 14;57(6):621. doi: 10.3390/medicina57060621.
 - Chatzakis C, Sotiriadis A, Tsakmaki E, **Papagianni M**, Paltoglou G, Dinas K, Mastorakos G. "The Effect of Dietary Supplements on Oxidative Stress in Pregnant Women with Gestational Diabetes Mellitus: A Network Meta-Analysis". *Nutrients*. 2021 Jun 30;13(7):2284. Doi: 10.3390/nu13072284.
 - Sakali AK, Bargiota A, Fatouros IG, Jamurtas A, Macut D, Mastorakos G, **Papagianni M**. "Effects on Puberty of Nutrition-Mediated Endocrine Disruptors Employed in Agriculture". *Nutrients*. 2021 Nov 22;13(11):4184. doi: 10.3390/nu13114184.
 - Kollios K, Karipiadou A, **Papagianni M**, Traeger-Synodinos J, Kosta K, Savvidou P, Stabouli S, Roilides E. "Bilateral Gonadoblastoma in a 6-Year-old Girl With Frasier Syndrome: Need for Early Preventive Gonadectomy". *J Pediatr Hematol Oncol*. 2022 Nov 1;44(8):471-473. doi: 10.1097/MPH.0000000000002501
 - Chatzakis C, Sotiriadis A, Fatouros IG, Jamurtas AZ, Deli CK, **Papagianni M**, Dinas K, Mastorakos G. "The Effect of Physical Exercise on Oxidation Capacity and Utero-Placental Circulation in Pregnancies with Gestational Diabetes Mellitus and Uncomplicated Pregnancies, a Pilot Study". *Diagnostics (Basel)*. 2022 Jul 16;12(7):1732. doi: 10.3390/diagnostics12071732.
 - Kapama A, Papadimitriou DT, Mastorakos G, Vlahos NF, **Papagianni M**. "Identification of the Rare Ala871Glu Mutation in the Androgen Receptor Gene Leading to Complete Androgen Insensitivity Syndrome in an Adolescent Girl with Primary Amenorrhea". *Children (Basel)*. 2022 Dec 3;9(12):1900. doi: 10.3390/children9121900.
 - Sakali AK, **Papagianni M**, Bargiota A, Rasic-Markovic A, Macut D, Mastorakos G. "Environmental factors affecting pregnancy outcomes". *Endocrine*. 2023 Feb 2. doi: 10.1007/s12020-023-03307-9.
 - Skoufa L, Makri E, Barkoukis V, **Papagianni M**, Triantafyllou P, Kouidi E. "Effects of a Diabetes Sports Summer Camp on the Levels of Physical Activity and Dimensions of Health-Related Quality of Life in Young Patients with Diabetes Mellitus Type 1: A

- Randomized Controlled Trial*". Children (Basel). 2023 Feb 26;10(3):456. doi: 10.3390/children10030456.
- Papadimitriou DT, Dermitzaki E, Christopoulos P, **Papagianni M**, Kleanthous K, Marakaki C, Papadimitriou A, Mastorakos G. "Secondary Prevention of Diabetes Type 1 with Oral Calcitriol and Analogs, the PRECAL Study". Children (Basel). 2023 May 11;10(5):862. doi: 10.3390/children10050862.
 - Memi E, Pavli P, **Papagianni M**, Vrachnis N and Mastorakos G. "Diagnostic and therapeutic use of oral micronized progesterone in endocrinology" Rev Endocri Metab Disord. 2024 Aug;25(4):751-772. <https://link.springer.com/article/10.1007/s11154-024-09882-0>
 - Sakali AK, Bargiota A, Bjekic-Macut J, Macut D, Mastorakos G, **Papagianni M**. "Environmental factors affecting female fertility" Endocrine. 2024 Oct;86(1):58-69. <https://link.springer.com/article/10.1007/s12020-024-03940-y>
 - Stefanaki C, Rozou P, Efthymiou V, Xinias I, Mastorakos G, Bacopoulou F, **Papagianni M**. "Impact of Probiotics on the Glycemic Control of Pediatric and Adolescent Individuals with Type 1 Diabetes: A Systematic Review and Meta-Analysis" Nutrients.2024 Aug 9;16(16):2629. <https://pmc.ncbi.nlm.nih.gov/articles/PMC11357215/>
 - Athanasiadou KI, **Papagianni M**, Psaltopoulou T, Paschou SA. "Nutrition and Glycemic Control in Children and Adolescents with Type 1 Diabetes Mellitus Attending Diabetes Camps" Nutrients.2024 Oct 1;16(9):3338. <https://pmc.ncbi.nlm.nih.gov/articles/PMC11479225/>
 - Mantzouki C, Mavrogianni D, **Papagianni M**, Konomos G, Creatsas G, Drakakis P, Mastorakos G. "The deleterious effect of bisphenol S on early embryo development of mice" Hormones. 2025 Jun;24(2):533–542. <https://doi.org/10.1007/s42000-025-00638-2>
 - Kapama A, Stefanaki C, Mastorakos G, **Papagianni M**. "The role of Endocrine Disruptors in Childhood Obesity: Unraveling the Obesogens" Horm Res Paediatr. 2025 Mar;26(1):1–14. <https://doi.org/10.1159/000545043>
 - Daramilas C, **Papagianni M**, Ntafi C, Mastorakos G, Sardeli C. "Innovative Educational Tools Facilitating Lifestyle and Nutritional Interventions in Type 1 Diabetes Mellitus" Nutrients. 2025 Mar 14;17(6):1026. <https://pmc.ncbi.nlm.nih.gov/articles/PMC11945836/>
 - Alexandraki K, Violetis O, Memi E, Fryssira H, Papanikolaou V, **Papagianni M**, Mastorakos G. "A rare combination of hypogonadotropic hypogonadism, GH deficiency and rectal atresia in a female with an FGFR1 variant: a case report and systematic review of the literature" Endocrine 2025 Aug;89(2):556–564. <https://pubmed.ncbi.nlm.nih.gov/40434549/>
 - Kissoudi K, Chatzakis C, Mastorakos PC, **Papagianni M**, Sotiriadis A, Mastorakos G. "Carbohydrate and lipid metabolism in neonates and children born SGA. A systematic review and metanalysis". Endocrine 2025 Sep; (Published: 1 September 2025) <https://doi.org/10.1007/s12020-025-04402-9>
 - Iordanidou K, Karakousis N, Hatziaorou E, Chrysochoou E-A, Galogavrou M, Sopiadou A, **Papagianni M**. "Cystic Fibrosis and CFTR Modulators: The Impact on Bone Density, Muscle Mass and Strength in Children and Young Adolescents" Children 2025, 12(11), 1434 (Published: 23 October 2025) <https://doi.org/10.3390/children12111434>
 - Antoniou-Tsigkos A, Karras G, Papagianni M, Christopoulos P, F Vlahos N, Mastorakos G. "The role of combined Metformin and pharmaceutical molecules with anti-androgenic

4.3 Articles in Journals not Indexed in Bibliographical Databases

- G. Chatziparasidis, N. Brelas, **M. Papagianni**, K. Paschoulari, M. Papatheodorou, P. Katoikou, N. Mpregianis, K.I. Gourgoulisanis. "Natural course and prognosis of childhood asthma", Pneumon (Official Journal of Hellenic Respiratory Society), May-Aug 1997;10(2):103-107
- K. Kitsios, M. Papadopoulou, K. Kosta, N.P.E. Kadoglou, K. Tsiroukidou, **M. Papagianni**. «The role of HbA1c in the diagnosis of prediabetes in overweight and obese children and adolescents». Hellenic Diabetological Chronicles (Official Journal of Diabetes Society of North Greece) 2011, 24(4):266-271.
- **M. Papagianni**, «Summer and Winter getaways» Sweet Life Sep-Oct 2013, 105:20-21
- P. Tsakona, A. Papadopoulou-Xristara, K. Tsiroukidou, A. Vamvakis, **M. Papagianni**. «Stress management among families of children and adolescents with type 1 diabetes mellitus». Paidiatriki (Official Journal of Hellenic Pediatric Society) 2018, 81(3):222-232
- **M. Papagianni**. «The importance of summer camp in children with type 1 diabetes» Diabetes Mellitus, Jan-Mar 2020, 58:41-42.

5. INTERNATIONAL CONFERENCE PRESENTATIONS

5.1. Published in International Journals Indexed in Bibliographical Databases

- G. Hatziparasides, K.I. Gourgoulisanis, N. Brelas, **M. Papagianni**, P.A. Molyvdas. «Altitude and bronchial asthma». Annual Meeting of the European Academy of Allergology and Clinical Immunology, Rhodes, Greece, June 1-5, 1997. Allergy 1997;52 (37 Suppl), 10-253 (P204, page 69-70), PMID: 9253418
- **M. Papagianni**, M. Papadopoulou, I. Hatzioanidis, T. Papastavrou-Mavroudi, L. Douma: "Thyroid autoimmunity and celiac disease in children and adolescents with type 1 diabetes mellitus in Northern Greece" 43rd Annual Meeting of the European Society for Pediatric Endocrinology, Basel, Switzerland, Sept 10-13, 2004. Horm Res 2004;62(suppl 2):1-215 (P3-508, page 141), <https://doi.org/10.1159/000081139>
- **M. Papagianni**, E. Paraskeva, A. Hatziefthimiou, K.I. Gourgoulisanis, P-A. Molyvdas: "Insulin induces Airway Smooth Muscle Cell proliferation by a PI3K- and MAPK dependent pathway" ESPE/LWPES 7th Joint Meeting for Pediatric Endocrinology, Lyon, France, Sept 21-24, 2005 (**Oral Presentation**). Horm Res 2005;64(suppl 1), (O11-124, page 36-37), <https://doi.org/10.1159/000088321>
- **M. Papagianni**, E. Paraskeva, A. Hatziefthimiou, V. Kouloumenta, K.I. Gourgoulisanis, P-A. Molyvdas: "Testosterone effect on airway smooth muscle cells", ESPE/LWPES 7th Joint Meeting for Pediatric Endocrinology, Lyon, France, Sept 21-24, 2005. Horm Res 2005;64(suppl1), (P1-411, page121-122) <https://doi.org/10.1159/000088323>
- S. Douma, M. Papadopoulou, A. Bouda, K. Kitsios, K. Kosta, G. Koliakos, **M. Papagianni**: "Left ventricular mass and function in prepubertal children with growth hormone

- deficiency during the first year of growth hormone treatment” 46th Annual Meeting of the European Society for Pediatric Endocrinology, Helsinki, Finland, Jun 27-30, 2007. Horm Res 2007;68(suppl 1):1-282, (PO1-481, page149), <https://doi.org/10.1159/000105510>
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5. 2. Published in Abstract's Book

- A. Markou, A. Drakou, S. Zisopoulou, V. Lachanas, A. Fotiadou, **M. Papagianni**: «Choanal Atresia». XVII World Congress of the International Federation of Oto-Rhino-Laryngological Societies, Cairo, Egypt, Sept 28-Oct 3, 2002
- G. Paltoglou, I. Fatouros, G. Valsamakis, M. Shina, A. Avloniti, A. Chantz Nikolaou, A. Kambas, D. Draganidis, A. Mantzou, **M. Papagianni**, C. Kanaka-Gantenbein, G. Chrousos, G. Mastorakos. "Anti-oxidation improves in early puberty in normal weight and obese boys, in positive association with exercise stimulated GH secretion" 16th European Congress of Endocrinology (ECE), Wrocław, Poland, May 3–7, 2014. Endocrine Abstracts (2014) 35 P820 <https://www.endocrine-abstracts.org/ea/0035/ea0035p820>
- Tsiroukidou K, Zografou I, Griva T, Pyrpasopoulou A, **Papagianni M**, Kosta K, Vamvakis A, Karagianni P, Sampanis C. "Remission of acanthosis nigricans in a teenager after treatment with metformin" 17th European Congress of Endocrinology (ECE), Dublin, Ireland, May 16-20, 2015. Endocrine Abstracts (2015) 37 EP1328 <https://www.endocrine-abstracts.org/ea/0037/ea0037ep1328>
- Leontaridou I, Moutsiou L, Iliadou PK, Somali M, Sakali A-K, **Papagianni M**, Mastorakos G, Goulis DG, Mouslech Z. "Dietary and social factors associated to obesity among greek adolescent girls" 18th European Congress of Endocrinology Munich, Germany, May 28-31, 2016. Endocrine Abstracts (2016) 41 EP782 <https://www.endocrine-abstracts.org/ea/0041/ea0041ep782>
- **Papagianni M**, Paltoglou G, Mastorakos G. "The investigation for celiac disease in a newly diagnosed patient with diabetes is necessary in any case" Endobridge, Antalya, Turkey, Oct 20-23, 2016 (**Oral presentation/O-21**) http://www.endobridge.org/cases_2016.pdf
- Mouslech Z, Somali M, Livadas S, Daramilas C, Chatzi A, **Papagianni M**, Mastorakos G, Savopoulos C, Hatzitolios AI. "Significant effect of a group education program on glycemic control and incidence of hypoglycemia in patients with diabetes mellitus type 1: A case-controlled study". 19th European Congress of Endocrinology, Lisbon, Portugal, May 20-23, 2017. Endocrine Abstracts (2017) 49 EP588 | <https://www.endocrine-abstracts.org/ea/0049/ea0049ep588>
- **Papagianni M**, Kollios K, Tsiroukidou K, Kosta K, Efstathiadou Z, Tsanakas I. "Myoedema and increased serum creatinine in a child caused by hypothyroidism" Endobridge, Antalya, Turkey, Oct 19-22, 2017 (**Oral presentation/O-35**) <http://www.endobridge.org/2017%20Selected%20Cases.pdf>
- Mouslech Z, Somali M, Livadas S, Daramilas C, Chatzi A, Tsoutsas G, **Papagianni M**, Mastorakos G, Savopoulos C, Hatzitolios AI. "A pilot peer to peer structured group education program in patients with diabetes mellitus type 1. The Greek experience".

6. INVITED PRESENTATIONS

- “Adverse effects of smoking – Smoking and childhood bronchial asthma”, Health Education Conference, Larissa, Greece, March 1997
- “The obese child” Education Day «Nutrition 2002», Larissa, Greece, November 2002
- “Adolescent Medicine – The impact of normal hormonal changes on the adolescent’s body”, 3rd Pediatric Symposium of Central Greece, Larissa, Greece, April 2003
- “Emergency in Pediatrics – Diabetic Ketoacidosis” 4th Pediatric Symposium of Central Greece, Larissa, Greece, March 2004
- “Factors responsible for the onset of diabetes mellitus” Seminar of the Hellenic Diabetic Federation, Larissa, Greece, May 2004
- “The role of the pediatrician regarding the multifactorial care of a child with a chronic disease – Child with Diabetes Mellitus” 5th Pediatric Symposium of Central Greece, Larissa, Greece, April 2005
- “Current Pediatric Issues – Obesity and pediatrician” 5th Pediatric Symposium of Central Greece, Larissa, Greece, April 2005
- “Diabetes Mellitus” Educational Seminar “The child with a chronic disease and the teacher”, Larissa, Greece, September 2005
- “Precocious puberty” 6th Pediatric Symposium of Central Greece, Larissa, Greece, April 2006
- “Effects of growth factors on airway remodeling” Pulmonology Days, Larissa, Greece, September 2006
- “Epidemiology-Etiology and investigation of childhood obesity” 6th Conference of Social Pediatrics, Larissa, Greece, November 2006
- “Goiter” 7th Pediatric Symposium of Central Greece, Larissa, Greece, April 2007
- “Rathke cyst and Panhypopituitarism” Henning Andersen Educational Programme, Copenhagen, Denmark, November 29th-December 1st 2007
- “Effects of inhaled insulin” Seminar: “Presentation of the results of subprojects Pythagoras I & II”, Larissa, Greece, December 2007
- “Goiter” Conference of the Hellenic College of Pediatricians, Plastiras Lake, Karditsa, December 2007
- “Exercise effect on growth and puberty” 8th Pediatric Symposium of Central Greece, Larissa, Greece, April 2008
- “2-month old infant with elevated alkaline phosphatase” 9th Pediatric Symposium of Central Greece, Larissa, Greece, April 2009
- ‘Holidays and Diabetes’ Monthly Cycle of Classes and Meetings 2009-2010, Department of Endocrinology and Metabolic Diseases, University of Thessaly, Larissa, Greece, April 2010

- “Childhood Obesity: Greece in one of the first places” Seminar of Nutrition and Health, Larissa, Greece, September 2011
- «Diabetes Mellitus in children and Adolescents» Diabetes Awareness Event of the Diabetes Association of Thessaly, February 2012
- “Anthropometry” Pediatric Days 2012 organized by 3rd and 4th Pediatric Departments of the Aristotle University of Thessaloniki: “Pediatric Endocrinology”, Thessaloniki, Greece, September 2012
- ‘Acquired Hypothyroidism: Clinical-Subclinical’ Pediatric Days 2012 organized by 3rd and 4th Pediatric Departments of the Aristotle University of Thessaloniki: “Pediatric Endocrinology”, Thessaloniki, Greece, September 2012
- “Recent data regarding the treatment of diabetes mellitus in childhood and adolescence” Pediatric Days 2012 organized by 3rd and 4th Pediatric Departments of the Aristotle University of Thessaloniki: “Pediatric Endocrinology”, Thessaloniki, Greece, September 2012
- “Vitamin D Deficiency and Malabsorptions in children” 8th Conference of Female Endocrinology: “Woman and Bones”, Athens, Greece, November 2012
- “Education of diabetic patients-Children with DM Type 1’ (Meet the Expert) 40th Panhellenic Congress of Endocrinology and Metabolism, Athens, Greece, April 2013
- “Ask the Expert: Pediatric Endocrinology” Pediatric Days 2012 organized by 3rd Pediatric Department of the Aristotle University of Thessaloniki: “Pediatrics and Related Specialties”, Thessaloniki, Greece, September 2013
- “Diabetes Mellitus: We protect our future” (Meet the expert), 9th Panhellenic Congress of ELODI (Hellenic Association of people with Diabetes), Kamena Vourla, October 2013
- “Endocrinology - Childhood Obesity” 3rd Panhellenic Scientific Conference of Applied Laboratory Medicine, Athens, Greece, March 2014
- “Turner Syndrome” Intensive Training in Endocrinology - Postgraduate Courses, 17th Cycle: Reproductive Endocrinology - Pediatric Endocrinology, Athens, Greece, March 2014
- “Briefing on Childhood Obesity”, Day of Prevention and Health, Thessaloniki, Greece, April 2014
- “Family with a child that suffers from insulin-dependent diabetes” Pediatric Days 2014 organized by 3rd Pediatric Department of the Aristotle University of Thessaloniki: “Pediatrics and Modern Family”, Thessaloniki, Greece, September 2014
- “Continuous Subcutaneous Insulin Infusion (CSII) pumps in children – indications and specific issues” Webinars of the Hellenic Endocrine Society - 1st Cycle: “Technology and DM Type 1”, March 2015
- ‘Specific issues of education in children and adolescents with DM Type 1’, 15th Panhellenic Diabetic Conference, Athens, Greece, March 2015
- “Precocious Puberty” Postgraduate Courses of 1st & 3rd Pediatric Departments of the Aristotle University of Thessaloniki, Thessaloniki, Greece, March 2015

- “Acquired Hypothyroidism: Genetics or Environment?” 45th Congress of the Pediatric Association of North Greece, Thessaloniki, Greece, April 2015
- «The value of nutrition in prevention and treatment of diabetes» (Meet the experts), 10th Panhellenic Congress of ELODI (Hellenic Association of people with Diabetes), Porto Heli, Greece, October 2015
- “Problems regarding the management of diabetes mellitus in adolescence” 14th Conference of Female Endocrinology: “Diabetes in a woman’s life”, Athens, Greece, November 2015
- “Diabetes Mellitus in children and adolescents - Recent data” 7th Panhellenic Conference EFYKE, Agria, Volos, November 2015
- “Transition of patients with Turner Syndrome” Seminar of Pediatric Endocrinology-Gonads Scientific Sections of Hellenic Endocrine Society “From the Pediatric Endocrinologist to the Endocrinologist”, Athens, Greece, December 2015
- ‘Management of Diabetes Mellitus Type 1 in school and on holiday’ Seminar of the Union of Parents of Children and Adolescents with Diabetes, Thessaloniki, Greece, March 2016
- “Growth Retardation” 11th Yearly Scientific Meeting of the Hellenic Pediatric Academy, Agria, Volos, September-October 2016
- “Puberty Disorders” IPPOKRATEIA – International Multidisciplinary Congress of Pharmacists, Athens, Greece, 2016
- “Growth Retardation” Scientific Meeting of the Pediatric Association of North Greece: “Usual pediatric endocrine and neurological problems: The General Pediatrician and the Specialist”, Thessaloniki, Greece, October 2016
- “Juvenile Diabetes Mellitus” 28th Conference of the Hellenic Association of Social Pediatrics and Health Promotion, Trikala, Greece, October 2016
- “Diabetes Mellitus and Cystic Fibrosis” Seminar of the Hellenic Association for Cystic Fibrosis, Athens Greece, November 2016
- “Camps for children and adolescents with diabetes: The role of the diabetes nurse – educator” Scientific Seminar: The new criteria for the regulation of diabetes mellitus’, Athens, Greece, June 2016
- “Management of Diabetes Mellitus Type 1 in school and on holiday” Seminar of the Union of Parents of Children and Adolescents with Diabetes, Thessaloniki, Greece, April 2017
- “Boy with Hyperandrogenism” Postgraduate Courses of 1st&3rd Pediatric Departments of the Aristotle University of Thessaloniki, Thessaloniki, Greece, May 2017
- “The impact of Technology on the quality of life of the child with diabetes” Pediatric Days 2017 organized by 3rd Pediatric Department of the Aristotle University of Thessaloniki, Greece, September-October 2017
- “Early manifestations of puberty” 18th Conference of Female Endocrinology: “Female Endocrinology in adolescence”, Athens, Greece, December 2017

- “Adrenal Crisis” Pediatric Days 2018 organized by 3rd Pediatric Department of the Aristotle University of Thessaloniki, Thessaloniki, Greece, September 2018
- “An 8-year old girl with masculinization’ Postgraduate Courses of 1st&3rd Pediatric Departments of Aristotle University of Thessaloniki, Thessaloniki, Greece, October 2018
- “Acquired Hypothyroidism in Children” Postgraduate Courses of 1st&3rd Pediatric Clinics of Aristotle University of Thessaloniki, Thessaloniki, Greece, December 2018
- “Management of Diabetic Ketoacidosis: Protocol of Therapeutic Approach” 2nd Multidisciplinary Nursing Symposium, Mouzaki, Karditsa, March 2019
- “Thyroid Gland Disorders in childhood” in the Scientific Conference “Thyroid Gland Disorders: Which are the criteria of an effective treatment”, Agios Athanasios, April 2019
- “The importance of education in glucose control in DM Type 1” 4th Congress of Pediatric and Adolescent Endocrinology, Athens, Greece, May 2019
- “Presentation of pediatric clinical cases” Growth Hormone Forum, Athens, Greece, June 2019
- “Insulin Lispro, 20 years later: The advances of the 1st insulin analogue, aiming in a more simplified & developed therapy customization” 4th Scientific Conference of the Hellenic Association of Child & Adolescent Obesity: “Endocrine problems of the Child & Adolescent”, Athens, Greece, October 2019
- “Childhood Obesity: The modern disease that strikes children and adolescents” Scientific Seminar, Lamia, Greece, November 2019
- “The child with diabetes in a camp”, 12th Panhellenic Congress of ELODI (Hellenic Association of people with Diabetes) Kalampaka, Greece, November 2019
- “Pubertal disorders: Precocious puberty” Scientific Event of the Pediatric Society of North Greece, December 2019
- “Epidemic of obesity in children and adolescents: Extensions of the phenomenon and ways of its management’ Academy of Parents of Larissa, January 2020
- “Thyroid Nodules in children and adolescents” Course of the Hellenic Endocrine Society, Athens, February 2020
- “SGA-Recent data regarding safety and effectiveness of Growth Hormone Replacement Therapy” 5th Congress of Pediatric and Adolescent Endocrinology, Athens, Greece, February 2020
- “Artificial Pancreas” Scientific Conference “Modern Concepts and Novel Technological Applications in Laboratory Diagnosis and Management of Diabetes Mellitus”, Thessaloniki, Greece, February 2020
- “Risk Factors of COVID-19 – Diabetes” Virtual Scientific Event of the Hellenic College of Pediatricians ‘COVID-19 & Pediatric Endocrinology’, May 2020
- «SGA therapeutic approach – Process and therapeutic goals» 2nd Growth Hormone Forum, Athens, Feb 13 2021

- “Diabetes Mellitus in Children and Adolescents”, Virtual Scientific Event, Thessaloniki, March 7, 2021
- “Short Stature” 6th Congress of Pediatric and Adolescent Endocrinology, Athens, Greece, Athens, Sep 11-12, 2021
- “Babies Small for Gestational Age - Long-term safety and efficacy data for growth hormone treatment” 1st Symposium on Diabetes, Cardiology, Nutrition and Endo-Oncology (DCNEO), Zagreb, Feb 11-13, 2022
- “Insulin Pump and CGM-Closed loop system” Seminar in Technologies in Diabetes Mellitus, Hellenic Society of Endocrinology, June 18-19, 2022
- “Complete Androgen Insensitivity Syndrome”, 7th Congress of Pediatric and Adolescent Endocrinology, Thessaloniki, Greece, June 18-19, 2022
- “GH treatment in children born SGA and its effect on renal function” 7th Congress of Pediatric and Adolescent Endocrinology, Thessaloniki, Greece, June 18-19, 2022
- “Investigation and treatment of short stature” Educational seminar of the Department of Endocrine and Metabolic Diseases of University of Thessaly and the Department of Endocrinology of the University of Ioannina, Kalambaka, June 24, 2022
- “Endocrine disruptor substances during pregnancy” 4th Belgrade Masterclass in Clinical Endocrinology, Diabetes and Metabolism, Belgrade, Oct 1-3, 2022
- “Nutrition in Adolescence: Goals and Concerns” Scientific meeting for «World Day of nutrition» organized by the Department of Nutrition and Dietetics of the University of Thessaly, Trikala, October 15, 2022
- “Camp as a Means of Education for Children and Adolescents with Diabetes Mellitus”, Hellenic Diabetes Federation (ELODI) Scientific Meeting, Larissa, February 19, 2023
- “Obesogenic Endocrine Disruptors”, Pediatric Days 2023, 3rd Department of Pediatrics, Aristotle University of Thessaloniki, Thessaloniki, September 22–23, 2023
- “Pesticides as Endocrine Disruptors: Their Impact on Pubertal Development”, 8th Panhellenic Scientific Symposium of the Hellenic Society of Pediatric and Adolescent Obesity, “Endocrinological Problems in Children and Adolescents”, Athens, October 6–7, 2023
- “Endocrine Disruptors as Obesogens”, ESPE Science Symposium 2023, “Obesity in Childhood and Adolescence”, Athens, October 13–14, 2023
- “Weekly Insulin in Type 1 Diabetes: Will It Help?”, 36th Panhellenic Annual Congress of the Hellenic Society for the Study and Education of Diabetes, Thessaloniki, November 8–11, 2023
- “Vitamin D in Children and Adolescents: When Should It Be Measured and What Targets Should Be Set?”, 37th Postgraduate Meeting of the Hellenic Endocrine Society, Larissa, November 23–24, 2023
- “Girl with Mosaicism 45,X/47,XXX and Turner Syndrome Features”, Scientific Meeting of the Hellenic Society of Pediatric and Adolescent Endocrinology, Athens, February 10, 2024
- “Obesity in Preschool Age”, Conference “Obesity: The Modern Disease”, Hellenic Society for the Study and Education of Diabetes, Ioannina, May 17–19, 2024
- “Follow-up of Patients with Type 1 Diabetes – Associated Comorbidities”, 1st Educational Meeting on Diabetes (SYLLADI–ELODI), Larissa, May 18–19, 2024
- “Insulin Delivery Rates – Basal Rate”, 11th Seminar on Diabetes Technology, Hellenic Endocrine Society, Thessaloniki, June 14–15, 2024

- “Long-term Safety and Efficacy Data in Patients Receiving Daily Growth Hormone Therapy”, 9th Congress of the Hellenic Society of Pediatric and Adolescent Endocrinology, Athens, May 25–26, 2024
- “Closed-Loop Insulin Pump and CGM”, 12th Seminar on Diabetes Technology, Hellenic Endocrine Society, Athens, October 18–19, 2024
- “The Impact of Endocrine Disruptors on Obesity and Type 1 Diabetes in Children and Adolescents”, 37th Panhellenic Annual Congress of the Hellenic Society for the Study and Education of Diabetes, Thessaloniki, November 13–16, 2024
- “Endocrine Disruptors as Obesogens in Childhood and Adolescence”, 4th DCNEO Symposium, Zagreb, Croatia, February 14–15, 2025
- “Obesity in Childhood and Adolescence”, Scientific Meeting “Childhood Obesity”, Trikala, February 22, 2025
- “The Role of Endocrine Disruptors in Childhood and Adolescent Obesity”, Scientific Seminar “The Role of Endocrine Disruptors through Diet and Environment on Health”, Trikala, March 7–8, 2025
- “Evaluation of an Adolescent with Delayed Puberty”, 7th Educational Meeting “Clinical Questions and Recent Advances in Endocrinology, Diabetes and Metabolism”, Larissa, March 14–15, 2025
- “Nutritional Guidelines in Type 1 Diabetes in Children and Adolescents”, 52nd Panhellenic Congress of Endocrinology, Metabolism and Diabetes, Patras, May 21–24, 2025
- “Transient Hypothyroidism”, 10th Congress of the Hellenic Society of Pediatric and Adolescent Endocrinology, Athens, June 21–22, 2025
- “Recent Advances in Precocious Puberty”, 19th Congress of the Hellenic College of Pediatricians, Porto Heli, September 26–28, 2025
- “Behavioural Aspects of the Transition of GH-Insufficient Patients from Puberty to Adulthood”, 27th RPNES Symposium, Suceava, Romania, October 9–10, 2025
- “To Screen or Not to Screen in Type 1 Diabetes”, 38th Panhellenic Annual Congress of the Hellenic Society for the Study and Education of Diabetes, Thessaloniki, November 12–15, 2025
- “Thyroid Nodules in Children”, 5th DCNEO Symposium, Zagreb, Croatia, February 13–14, 2026
- “Type 1 Diabetes Mellitus – Transition from Adolescence to Adulthood”, 29th Intensive Course in Endocrinology, Athens, March 5–7, 2026

7. ADMINISTRATIVE EXPERIENCE

- Administrative Manager, Supplementary Educational Program of EPEAEK “Occupational Safety and Health in Agriculture” (1998-1999)
- Manager of Organization and Execution of the program “Camp for children and adolescents with diabetes mellitus” that is organized every year by the Endocrine Unit of the 3rd Pediatric Department of the Aristotle University of Thessaloniki in collaboration with YMCA (2014-present)
- Elected Member in the Steering Committee of the Scientific Section of Pediatric Endocrinology of Hellenic Endocrine Society (2014-2022)
- Elected Member in the Steering Committee of the Hellenic Society of Pediatric and Adolescent Endocrinology (2018-2021)

- Member of Special Committees of the Department of Nutrition and Dietetics of the University of Thessaly (2021-present)
- Member of the Deanery, School of Physical Education, Sport Science and Dietetics, University of Thessaly (2021-2022 and 2024-present)

8. MISCELLANEOUS

Participation in funding research programs / clinical trials

- Salaried Research Associate and Administrative Coordinator, Supplementary Education Program (EPEAEK) *“Occupational Health and Safety in Agriculture”*
- Postdoctoral Fellow, PYTHAGORAS I Project: *“The Effect of Insulin on Airway Cells”*
- Participant, Continuing Education Programme (KEDIVIM, University of Thessaly): *“Specialization Program in Diabetes Care”*
- Member of the Research Team, Clinical Trial (PIONEER TEENS): *“Efficacy and Safety of Oral Semaglutide versus Placebo, both in combination with Metformin and/or Basal Insulin, in Children and Adolescents with Type 2 Diabetes Mellitus”*
- Member of the Research Team, Clinical Trial (REAL-8): *“A Study Comparing the Efficacy and Safety of Once-Weekly Somapacitan versus Once-Daily Norditropin and Evaluating the Long-term Safety of Somapacitan in Children with Short Stature (SGA, Turner Syndrome, Noonan Syndrome, or Idiopathic Short Stature)”*
- Principal Investigator, Project: *“Academic and Educational Activities in Metabolism, Diabetes Mellitus, Obesity, Endocrinology and Nutrition”*
- Member of the Research Team, UNICEF-funded project: *“Coordination of a National Network of Associated Organizations of the General Secretariat of Public Health to Promote Healthy Eating and Physical Activity at Community Level – Addressing Childhood Obesity”*
- Member of the Scientific Team, *“Center for the Assessment and Improvement of Physical Activity to Address Health Inequalities”* (Programme “Thessaly”, RIS3)
- Principal Investigator (Proposal Submission), Project: *“The Role of Informing and Educating Elementary School Students on Nutritional Awareness, Consumption and Nutritional Behaviour with the Aim of Reducing Food Waste (CARE)”*, submitted under the 6th Call *“Science and Society – Modern Nutritional Awareness”* (HFRI), graded A

Distinctions

- 2nd Award for the best submitted paper, 5th Congress of Greek Medical Students, Alexandroupoli, 1999. Subject: *“The respiratory function of workers in gins»*
- 2nd Award for the best submitted paper, 15th Panhellenic Congress of Thoracic Diseases, 2006, Crete. Subject: *“Insulin causes a transient induction of proliferation via activation of the PI3-kinase pathway in Airway Smooth Muscle cells”*
- Award for the best poster presentation, 15th Panhellenic Congress of Thoracic Diseases, 2006, Crete. Subject: *“Insulin causes a transient induction of proliferation via activation of the PI3-kinase pathway in Airway Smooth Muscle cells”*
- Travel Grant for the poster presentation: **M. Papagianni**, E. Paraskeva, A. Hatziefthimiou, V. Kouloumenta, K.I. Gourgoulialis, P-A. Molyvdas: *“Testosterone effect on airway smooth muscle cells”*, ESPE/LWPES 7th Joint Meeting for Pediatric Endocrinology, Lyon, France, Sept 21-24, 2005

Editorial Board Member in peer-reviewed scientific journals

2023-present: Guest Editor in the special issue “Nutrition and Lifestyle Intervention in Type 1 Diabetes Mellitus”, *Nutrients*

Reviewer of Research Proposals

Reviewer of Research Proposals in the field of Pediatric Endocrinology, funding from the Hellenic Endocrine Society (2012)

Reviewer of Abstracts submitted to medical conferences:

- 42nd Annual Meeting of the Hellenic Endocrine Society, Thessaloniki, Greece, May 2015
- 43th Panhellenic Congress of Endocrinology, Metabolism and Diabetes, Athens, Greece, 2016
- 44th Panhellenic Congress of Endocrinology, Metabolism and Diabetes, Athens, Greece, 2017
- 46th Panhellenic Congress of Endocrinology, Metabolism and Diabetes, Athens, Greece, 2019
- 47th Panhellenic Congress of Endocrinology, Metabolism and Diabetes, Athens, Greece, 2020

Reviewer of Papers submitted to medical conferences for award:

- Pediatric Society of North Greece – Kasimos Award (2014, 2019)
- Pediatric Society of North Greece – Young Investigator Award (2019)

Reviewer in International Peer-Reviewed Journals Indexed in Bibliographical Databases:

- Metabolism
- Hormones (Athens)
- Advances in Endocrinology
- PLOS ONE
- BMC Endocrine Disorders
- Endocrine

Reviewer in Greek Peer-Reviewed Journals:

- *Pediatrici of North Greece*

Moderator in Congress Sessions:

- «Childhood Accidents» Pediatric Surgery Conference, Larissa, Greece, March 2003
- «Free Communications: Child and Adolescent Care», 4th Panhellenic Congress of Chronic Patient Care Scientists, Larissa, Greece, November 2010
- «Diabetes Mellitus: Recent progress», 8th Panhellenic Congress of ELODI (Hellenic Association of people with Diabetes), Larissa, Greece, October 2011
- «Diabetes Mellitus: We protect our future», 9th Panhellenic Congress of ELODI (Hellenic Association of people with Diabetes), Kamena Vourla, October 2013
- «What is diabetes mellitus? Self-assessment» & «Treatment of Diabetes Mellitus: Exercise-Championship-Management-Camp», «Diabetes Village» (Conference of the Hellenic Association of people with Diabetes), Thessaloniki, Greece, November 2013
- «Type 1 Diabetes Mellitus» «Diabetes Village» (Conference of the Hellenic Association of people with Diabetes), Drama, Greece, November 2014
- «Free Communications: Obesity - Pediatric Endocrinology», 42nd Annual Meeting of the Hellenic Endocrine Society, Thessaloniki, Greece, May 2015

- «The value of nutrition in prevention and treatment of diabetes», 10th Panhellenic Congress of ELODI (Hellenic Association of people with Diabetes), Porto Heli, Greece, October 2015
- «Diabetes, Education, Psychology and Management», ISPAD course: An update on Type 1 Diabetes management, Αθήνα, 2-3 Δεκεμβρίου 2016
- «Free Communications: Reproduction-Pediatric Endocrinology», 44th Annual Meeting of the Hellenic Endocrine Society, Athens, Greece, April 2017
- «Type 1 Diabetes Mellitus in Childhood and Adolescence – Specific Issues and Transition», 31st Panhellenic Annual Congress of the Hellenic Association for the Study and Education of Diabetes Mellitus, Thessaloniki, Greece, November 2017
- «Hypogonadism - Treatment - IVF methods», Intensive Training in Endocrinology – Postgraduate Courses- 21st Cycle: Pediatric Endocrinology - Reproduction, Athens, Greece, March 2018
- «Meet the Expert: Type 1 Diabetes Mellitus: Intensive insulin treatment regimens/Insulin pumps» 45th Annual Meeting of the Hellenic Endocrine Society, Thessaloniki, Greece, May 2018
- «Symposium I: Physiology», 19th Conference on Female Endocrinology «Osseous tissue and Female Endocrinology», Athens, Greece, June 2018
- “Free Communications & Rapid Free Communications - Diabetes and Insulin”, 57th Annual Meeting of the European Society for Pediatric Endocrinology, Athens, Sept 27-29, 2018
- «Type 1 Diabetes Mellitus in Childhood and Adolescence», 32nd Panhellenic Annual Congress of the Hellenic Association for the Study and Education of Diabetes Mellitus, Thessaloniki, Greece, November 2018
- «Satellite Lecture: Flash Technology & Diabetes Triangle», 32nd Postgraduate Meeting of the Hellenic Endocrine Society, Volos, Greece, November 2018
- «Genetic Causes of Endocrine Disorders», 4th Annual Meeting of the Hellenic Society for Pediatric and Adolescent Endocrinology, Athens, Greece, May 2019
- «Free Communications: Pediatric Endocrinology», 46th Annual Meeting of the Hellenic Endocrine Society, Athens, Greece, May 2019
- «Type 1 Diabetes Mellitus in Childhood and Adolescence», 33rd Annual Congress of the Hellenic Association for the Study and Education of Diabetes Mellitus, Thessaloniki, Greece, November 2019
- «COVID-19 in special populations of children» Pediatric Days 2021, Thessaloniki, Oct 2021
- «Exercise and Diabetes in children and adolescents» 34th Annual Congress of the Diabetes Association of North Greece, Thessaloniki, Greece, November 2021
- «Free Communications: Reproduction - Laboratory Endocrinology», 49th Annual Meeting of the Hellenic Endocrine Society, Athens, Greece, April 2022
- «Joint Symposium with Diabetes Association of North Greece », 7th Annual Meeting of the Hellenic Society for Pediatric and Adolescent Endocrinology, Thessaloniki, Greece, June 2022
- «Free Communications », 8th Annual Meeting of the Hellenic Society for Pediatric and Adolescent Endocrinology, Athens, Greece, May 2023
- Session VI: Interesting Cases of Disorders of Sex Development (Girl with mosaicism 45,X/47,XXX and Turner syndrome features: Commentary), Scientific Meeting of the Hellenic Society of Pediatric and Adolescent Endocrinology, Athens, 10 February 2024

- Session VII: How I Manage a Patient with..., 9th Congress of the Hellenic Society of Pediatric and Adolescent Endocrinology, Athens, May 25–26, 2024
- Session I: Interesting Cases of Obesity–Lipodystrophy, Scientific Meeting of the Hellenic Society of Pediatric and Adolescent Endocrinology, Athens, February 15, 2025
- “Special Lectures on Psychological Aspects and Prevention of Type 1 Diabetes”, 2nd ISPAD Postgraduate Course, Athens, April 4–5, 2025
- Session II: Adrenal Disorders, 10th Congress of the Hellenic Society of Pediatric and Adolescent Endocrinology, Athens, June 21–22, 2025
- Session III: Interesting Cases of Growth and Puberty Disorders, 3rd Educational Meeting of the Hellenic Society of Pediatric and Adolescent Endocrinology, Athens, January 31, 2026
- Lecture: “Beyond the Guidelines: Can Anti-Obesity Drugs Overtake Metabolic Surgery?”, 2nd International Meeting “*Nutrition and Metabolism: Targeting Adipose Tissue in Obesity and Type 2 Diabetes*”, Trikala, March 27–28, 2026

Member of the Scientific/Organizing Committee of Congresses:

- Member of the Organizing Committee, 2nd Congress of Chronic Patient Care Scientists, Larissa, Greece, November 2007
- Member of the Scientific and Organizing Committee, «Pediatric Days 2012» organized by 3rd and 4th Pediatric Departments of the Aristotle University of Thessaloniki: “Pediatric Endocrinology”, Thessaloniki, Greece, September 2012
- Member of the Scientific Committee, Conference of the Hellenic Association of people with Diabetes “Diabetes Village”, Thessaloniki, Greece, 2013
- Member of the Scientific Committee, Conference of the Hellenic Association of people with Diabetes “Diabetes Village”, Drama, Greece, 2014
- Member of the Organizing Committee, 18th Conference on Women’s Endocrinology «The Endocrinology of Women in Adolescence», Athens, Greece, December 2017
- Member of the Local Organizing Committee, 57th Annual Meeting of the European Society for Pediatric Endocrinology, Athens, Greece, September 2018
- Member of the Scientific Committee, «Pediatric Days 2018» organized by 3rd Pediatric Department of the Aristotle University of Thessaloniki: “Emergencies in Pediatrics”, Thessaloniki, Greece, September 2018
- Member of the Organizing Committee, 20th Conference on Female Endocrinology «Thyroid Function and Disorders in Woman. From intrauterine life to menopause», Athens, Greece, December 2018
- Member of the Organizing Committee, 4th Annual Meeting of the Hellenic Society for Pediatric and Adolescent Endocrinology, Athens, Greece, May 2019
- Member of the Organizing Committee, 5th Annual Meeting of the Hellenic Society for Pediatric and Adolescent Endocrinology, Athens, Greece, February 2020
- Member of the Organizing Committee, 6th Annual Meeting of the Hellenic Society for Pediatric and Adolescent Endocrinology, Athens, Greece, September 2021
- Member of the Scientific Committee, «Pediatric Days 2021» organized by 3rd Pediatric Department of the Aristotle University of Thessaloniki: “COVID-19 in special populations of children”, Thessaloniki, Greece, September 2021

- Member of the Organizing Committee, Scientific meeting for «World Day of nutrition» organized by the Department of Nutrition and Dietetics of the University of Thessaly, Trikala, October 15, 2022
- Member of the Organizing Committee, Webinars of the Unit of Pediatric Endocrinology, Diabetes and Metabolism of the 3rd Pediatric Department of the Aristotle University of Thessaloniki, 2021-2023
- Member of the Scientific Committee, Pediatric Days 2024, 3rd Department of Pediatrics, Aristotle University of Thessaloniki: “Challenges for the Pediatrician”, Thessaloniki, October 5–6, 2024
- Member of the Organizing Committee, Pediatric Days 2024, 3rd Department of Pediatrics, Aristotle University of Thessaloniki: “Challenges for the Pediatrician”, Thessaloniki, October 5–6, 2024
- Member of the Scientific Committee, Pediatric Days 2025, 3rd Department of Pediatrics, Aristotle University of Thessaloniki: “Scientific Evidence in Everyday Practice”, Thessaloniki, September 20–21, 2025
- Member of the Organizing Committee, Pediatric Days 2025, 3rd Department of Pediatrics, Aristotle University of Thessaloniki: “Scientific Evidence in Everyday Practice”, Thessaloniki, September 20–21, 2025
- Member of the Organizing Committee, Seminar “The Role of Endocrine Disruptors through Diet and Environment on Health”, Trikala, March 7–8, 2025
- Member of the Organizing Committee, Seminar “Nutrition and Metabolism: Targeting Adipose Tissue in Obesity and Type 2 Diabetes”, Trikala, March 27–28, 2026

National Conference Presentations

- Published in Greek Peer-Reviewed Journals: 9
- Published in the Abstracts Book: 43