

## Short Curriculum Vitae Fotini Bonoti

**Current status:** Professor in Developmental Psychology,  
Department of Nutrition and Dietetics,  
University of Thessaly

**Address** Argonafton 1c, 42132 Trikala, Greece

**Tel.:** +30 24310 47116

**E-mail:** [fbonoti@uth.gr](mailto:fbonoti@uth.gr)

**website** [https://www.researchgate.net/profile/Fotini\\_Bonoti](https://www.researchgate.net/profile/Fotini_Bonoti)  
<https://scholar.google.com/citations?user=RlzViBwAAAAJ&hl=en>

**Date of birth** 19.06.1966

**ID Number** AK972061

### Education

---

- 1989. B.A. in Philosophy, Education and Psychology (specialization: Psychology), Faculty of Philosophy, University of Athens, Greece
- 1990. M.A. in Child Development, Institute of Education, University of London, U.K. (Dissertation: "Are young children satisfied with their drawings? An investigation of the relationship between children's drawings and their preferences").
- 1998. PhD in Psychology, Department of Psychology, Aristotelian University of Thessaloniki, Greece (Thesis: "Drawing representation of causal, categorical and spatial relationships in relation to the development of relevant specialized cognitive abilities and the processing system").

### Professional Experience

---

- 2022-: Professor at the Department of Nutrition and Dietetics, University of Thessaly.
- 2018-2022: Professor at the Department of Early Childhood Education, University of Thessaly
- 2012-2018: Associate Professor at the Department of Early Childhood Education, University of Thessaly
- 2004 - 2012: Assistant Professor at the Department of Early Childhood Education, University of Thessaly
- 2000-2004: Lecturer at the Department of Early Childhood Education, University of Thessaly
- 1993-2000: Visiting Lecturer at the Department of Early Childhood Education, University of Thessaly.
- 2012-2018: Director of the Laboratory of Psychology (<http://psychologylab.ece.uth.gr>), Department of Early Childhood Education, University of Thessaly.
- 2014-2017: Director of the Postgraduate Programme "Educational Sciences: Educational Material and Pedagogical Toys", Department of Early Childhood Education, University of Thessaly

## Publications

---

### Publications in refereed journals (referred only those in English)

- Kypraiou, E., & **Bonoti F.** (accepted). A review of the evolution of research on the size of children's drawings in relation to their expressed emotion about the depicted topic: 1988-2023. *International Journal of Art & Design Education*, DOI: 10.1111/jade.70027
- Tsevreni, I., Kali, A. M., & **Bonoti, F.** (2025). Ecological Emotions and Environmental Education: Voices of Youth in a Mediterranean Region. *Societies*, 15(8), 225; <https://doi.org/10.3390/soc15080225>
- Kelesidou, S., **Bonoti, F.**, Abakoumkin, G., & Misailidi, P. (2025). Gender-stereotypical attribution of fear and fearlessness in preschool children. *British Journal of Developmental Psychology*. 43(3), 629-644 <https://doi.org/10.1111/bjdp.12539>
- Misailidi, P., Zimmermann, P., Gelou, I., Barbatsi, K., & **Bonoti, F.** (2025). Theory of mind and emotion regulation in school-aged children: Associations with parental reflective functioning. *Social Development*, 34(1), e12782.
- Kypraiou, E., **Bonoti, F.**, Magos, K., & Dermitzaki, I. (2024). Children's perceptions and feelings about the police: A comparative study between Roma and non-Roma children. *Policing: A Journal Of Policy And Practice*, 18, <https://doi.org/10.1093/policing/paae063>
- **Bonoti, F.**, Papadopoulou, M., & Lytaki, P. (2024). 'It is dark, he is scared': young children's recognition of emotions in comics. *Journal of Visual Literacy*, DOI: 10.1080/1051144X.2024.2313422
- Kalantzi, V., Tsiampalis, T., Kouvari, M., Belitsi, V., Zairis, A., Migdanis, A., Papadopoulou, S. K., **Bonoti, F.**, Panagiotakos, D. B., & Kosti, R. I. (2024). Exploring the Role of Self-Efficacy in Maintaining Healthy Lifestyle Habits among Patients with Cardiometabolic Diseases; Findings from the Multi-Center IACT Cross-Sectional Study. *Life*, 14, 736. <https://doi.org/10.3390/life14060736>.
- Tsiampalis, T., Kouvari, N., Belitsi, V., Kalantzi, V., Androutsos, O., **Bonoti, F.**, Panagiotakos, D., & Kosti, R. I. (2023) Physicians' Words, Patients' Response: The Role of Health Care Counselling in Enhancing Beneficial Lifestyle Modifications for Patients with Cardiometabolic Disorders. The IACT Cross-Sectional Study. *Healthcare* 11(22), 2982; <https://doi.org/10.3390/healthcare11222982>
- Belitsi, V., Tsiampalis, T., Kouvari, M., Kalantzi, V., Androutsos, O., **Bonoti, F.**, Panagiotakos, D. B., Kosti, R. I. (2023). Exploring Patient Beliefs and Medication Adherence in the Mediterranean Context: A Cross-Sectional Study in Patients with Cardiovascular Diseases and Cardiometabolic Disorders in Greece—The IACT-Study. *Life*, 13(9), 1880. <https://doi.org/10.3390/life13091880>
- Evangelou, I., Vamvakari, K., Kalafati, I. P., Kipouros, M. Kasti N. A., Kosti, R. I., **Bonoti, F.**, & Androutsos, O. (2023). Depression and Anxiety Mediate the Associations between Nutritional Status, Functional Capacity, and Quality of Life in Patients with Cancer. *Nutrition & Cancer*. DOI: 10.1080/01635581.2023.2237688
- Kalantzi, V., Kalafati, I. P., Belitsi, V., Tsiampalis, T., Koutsonasios, I., Androutsos, O., **Bonoti, F.**, Panagiotakos, D. B., & Kosti, R. I. (2023). Cardiometabolic Patient-Related Factors Influencing the Adherence to Lifestyle Changes and Overall Treatment: A Review of the Recent Literature. *Life*, 13(5), 1153. <https://doi.org/10.3390/life13051153>
- **Bonoti, F.**, Andreou, E, Mantzari, S. & Tsoungou, V. (2023). Drawing an angry perpetrator and a sad target: Children's understanding of emotions of school bullying perpetrators and targets. *International Journal of Bullying Prevention*. <https://doi.org/10.1007/s42380-023-00167-9>

- Belitsi, V., Tsiampalis, T., Kalantzi, V., Androutsos, O., **Bonoti, F.**, Panagiotakos, D. B., & Kosti, R. I. (2023). Development and Test –retest Repeatability of the Integrated Assessment of Adherence to Treatment Questionnaire for Cardio Metabolic Diseases (IAATQ-CMD) in primary health care. *Journal of Atherosclerosis Prevention and Treatment*, 14(1), 1-12. doi: 10.53590/japt.02.1037.
- Kallia, E. Dermitzaki, I., Paraskeva, V., **Bonoti, F.**, & Nisiotou, I. (2022). A six months prospective study of the relations between children’s self-regulated learning skills and maternal supportive behaviors. *Cognitive Development*, 63, <https://doi.org/10.1016/j.cogdev.2022.101220>
- Christidou, V., **Bonoti, F.**, Papadopoulou, P., Hatzinikita, V., & Doumpala, P. (2022) Children’s Views of SARS-CoV-2 and COVID-19 Preventive Practices: Comparing Verbal and Visual Empirical Evidence. *Frontiers in Education* 7:917442. doi: 10.3389/feduc.2022.917442
- **Bonoti, F.**, Christidou, V., & Papadopoulou, P. (2022). Children’s conceptions of coronavirus. *Public Understanding of Science*, 31(1) 35 –52.
- Christidou, V., **Bonoti, F.**, & Hatzinikita, V. (2021). Drawing a scientist: Using the Emo-DAST to explore emotional aspects of children’s images of scientists. *Research in Science & Technological Education*. Doi: 10.1080/02635143.2021.1998770
- Christidou, V., Papadopoulou, P., & **Bonoti, F.** (2021) Greek children’s views of COVID-19 preventive practices. *Mediterranean Journal of Education*, 1(2), 1-7.
- Koutsikou, M., Christidou, V., Papadopoulou, M., & **Bonoti, F.** (2021). Interpersonal meaning: Verbal text – image relations in multimodal science texts for young children. *Education Sciences*, 11, 245. <https://doi.org/10.3390/educsci11050245>
- **Bonoti, F.**, Christidou, V., & Spyrou G. M. (2019). ‘A smile stands for health and a bed for illness’: Graphic cues in children’s drawings. *Health Education Journal*, 78(7), 728-742.
- Kotroni, P., **Bonoti, F.**, & Mavropoulou, S. (2019). Children with autism can express social emotions in their drawings. *International Journal of Developmental Disabilities*, 65(4), 248-256
- Pouliou, D., **Bonoti, F.**, & Nikonanou, N. (2018). Do preschoolers recognize the emotional expressiveness of colors in realistic and abstract art paintings? *The Journal of Genetic Psychology*, 179(2), 53-61.
- Mouratidi, P. S., **Bonoti, F.**, & Leondari, A. (2016). Children’s perceptions of illness and health: An analysis of drawings. *Health Education Journal*, 75(4), 434-447.
- Christidou, V., **Bonoti, F.**, & Kontopoulou, A. (2016). American and Greek children’s visual images of scientists: Enduring or fading stereotypes? *Science and Education*, 25(5), 497-522.
- Dermitzaki, I., **Bonoti, F.**, & Kriekouki, M. (2016). Examining test emotions in university students: Adaptation of the Test Emotions Questionnaire in the greek language. *Hellenic Journal of Psychology*, 13, 93-115.
- Koutsikou, M., **Bonoti, F.**, & Christidou, V. (2015). The effect of explanatory captions on understanding a scientific phenomenon. *International Journal of Research in Education Methodology*, 7(2), 1128-1138.
- **Bonoti, F.**, & Misailidi, P. (2015). Social emotions in children’s human figure drawings: Drawing shame, pride and jealousy. *Infant and Child Development*, 24(6), 661-672.
- **Bonoti, F.**, Tzouvaleka, E., Bonotis, K., & Vlachos, F. (2015). Do patients with Alzheimer’s disease draw like young children? An exploratory study. *Journal of Alzheimer's Disease*, 43, 1285-1292.

- Vlachos, F., Papadimitriou, A., & **Bonoti F.** (2014). An investigation of age and gender differences in preschool children's motor skills. *European Psychomotricity Journal*, 6(1), 12-21.
- Misailidi, P., & **Bonoti, F.** (2014). Children's use of expressive drawing strategies: The effects of mood, age and topic. *Early Child Development and Care*, 184(6), 882-896.
- **Bonoti, F.**, Leondari, A., & Mastora, A. (2013). Exploring children's understanding of death: Through drawings and the Death Concept Questionnaire. *Death Studies*, 37(1), 47-60.
- Misailidi, P., **Bonoti, F.**, & Savva G. (2012). Representations of loneliness in children's drawings. *Childhood*, 19(4), 523-538.
- Vlachos, F., & **Bonoti, F.** (2011). Handedness and drawing: Attempting to complete the picture: A comment on Bruckner et al. (2011). *Perceptual and Motor Skills*, 113(1), 277-280
- **Bonoti, F.**, & Metallidou, P. (2010). Children's judgments and feelings about their own drawings. *Psychology*, 1(5), 329-336.
- Andreou, E., & **Bonoti, F.** (2010). Children's bullying experiences expressed through drawings and self-reports. *School Psychology International*, 31(2), 164-177.
- Misailidi, P., & **Bonoti, F.** (2008). Emotion in children's art: Do young children understand the emotions expressed in other children's drawings? *Journal of Early Childhood Research*, 6(2), 189-200.
- **Bonoti, F.**, & Misailidi, P. (2006). Children's developing ability to depict emotions in their drawings. *Perceptual and Motor Skills*, 103, 495-502.
- Vlachos, F., & **Bonoti, F.** (2006). Explaining age and sex differences in children's handwriting: A neurobiological approach. *European Journal of Developmental Psychology*, 3(2), 113-123
- **Bonoti, F.**, Vlachos, F., & Metallidou P. (2005). Writing and drawing performance of school age children: Is there any relationship? *School Psychology International*, 26(2), 243-255.
- Vlachos, F., & **Bonoti, F.** (2004). Handedness and writing performance. *Perceptual and Motor Skills*, 98, 815-824.
- Vlachos, F., & **Bonoti, F.** (2004). Left- and right-handed children's drawing performance: Is there any difference? *Laterality*, 9(4), 397-409.
- **Bonoti, F.**, Misailidi, P., & Gregoriou, F. (2003). Graphic indicators of pedagogic style in Greek children's drawings. *Perceptual and Motor Skills*, 97, 195-205.
- Mikropoulos, T., Misailidi, P., & **Bonoti, F.** (2003). Attributing human properties to computer objects: Developmental changes in children's understanding of the animate – inanimate distinction. *Psychology: The Journal of Hellenic Psychological Society*, 10(1), 53-64
- Mati-Zissi, E., Zafiropoulou, M., & **Bonoti, F.** (1998). Drawing performance in children with special learning difficulties. *Perceptual and Motor Skills*, 87, 487-497.
- **Bonoti, F.** (1991). Are children satisfied of their own drawings? *Handwriting Review*, 5, 90-94.

### **Publications in international conference proceedings**

- Kouvari, M., Tsiampalis, T., Kalantzi, V., Belitsi, V., Zairis, A., **Bonoti, F.**, Panagiotakos, D. B., & Kosti, R. I. (2024). Alcohol preference and health behaviors in patients with cardiometabolic diseases: Insights from the multi-center IACT cross-sectional study. *IVES Conference Series, OIV 2024*. Doi: <https://doi.org/10.58233/cTRWB54z>
- Chalmpe, M., Agapitou, P., **Bonoti, F.**, & Vlachos, F. (2024). Visual memory deficits in children with ADHD. In *Official Conference Proceedings of the European Conference*

on Education 2024 (pp. 407-425). International Academic Forum.

- **Bonoti F.**, & Misailidi, P. (2016). Graphic signs of jealousy in children's human figure drawings. In E. Deltsou & M. Papadopoulou (eds.) *Changing worlds & Signs of the times: Selected proceedings from the 10th International Conference on Semiotics* (pp. 700-707). Volos: The Hellenic Semiotics Society.
- Samaras, G., **Bonoti, F.**, & Christidou, V. (2012). Exploring children's perceptions of scientists through drawings and interviews. *Procedia – Social and Behavioral Sciences*, 46, 1541-1546.
- Papastergiou, M., Metallidou, P., & **Bonoti, F.** (2003). How does e-mail work? A pilot study of student teachers' mental models based on their drawings and reactions to error messages of the e-mailing software. In C. Stefanidis (ed.), *Adjunct Proceedings of Human Computer Interaction International (HCII)* (p. 75-76). Crete: Crete University Press.

### Other publications

- 12 publications in Greek refereed Journals
- 13 chapters in books (12 Greek and 1 international)
- 12 publications in national conference proceedings
- 1 book translation
- 4 editorship of translated book
- 2 editorship of Greek volumes

## Teaching experience

---

### Graduate programmes

- Department of Early Childhood Education, University of Thessaly (2000-2022) the following modules: Developmental Psychology, Introduction to Psychology, Socio-emotional development, Psychology of Children's Drawings, Research approaches to children's drawings, Issues in Child Development.
- Department of Nutrition and Dietetics, University of Thessaly (2021-present) the following modules: Developmental Psychology I, Developmental Psychology II, Introduction to Psychology, Psychology and Nutrition.

### Postgraduate programmes

- Department of Early Childhood Education, University of Thessaly, "Educational Sciences: Educational Material and Pedagogical Toys" program (2005-2017) the following modules: Developmental Assessment, Psychology of Learning, Research Methodology.
- Department of Early Childhood Education, University of Thessaly. "Educational Sciences: Creative learning environments and play" program (2018-present), module Development and learning in childhood: Contemporary views and interventions
- Hellenic Open University, Master's in Education program (2013 -2020), module: Educational Research
- Invited lectures in postgraduate programmes at Aristotelean University of Thessaloniki (Department of Early Childhood), University of Thessaly (Department of Special Education), University of Crete (Department of Early Childhood Education) and University of Ioannina (Department of Primary Education).

### **ERASMUS+ Teaching mobility**

- Universidad de Zaragoza, Spain (25/9/2023 – 29/9/2023).
- UNIVERSIDADE DE TRAS-OS-MONTES E ALTO DOURO, Vila Real, Portugal (6/5/2024 – 10/5/2024)
- Odisee University of Applied Sciences, Ghent, Belgium (24/2/2025 – 28/02/2025).
- Benha Universiyt, Cairo, Egypt (19/5/2025 – 23/05/2025).

### **Supervision and evaluation of doctoral theses**

- Supervision of 6 doctoral theses
- Member of the advisory committee in 14 doctoral theses.
- Member of the examining committee in 23 doctoral theses.
- Member of the examining committee in 2 doctoral theses at universities abroad (Universite de Lausanne, 2019 και Università degli Studi di Padova, 2026).

### **Supervision and evaluation of postgraduate and graduate dissertations**

- Supervisor of 34 postgraduate dissertations.
- Member of the advisory committee in 62 postgraduate dissertations.
- Supervisor of 39 graduate dissertations.

## **Various Academic Activities**

---

### **Presentations**

- 43 oral or poster papers presented at international conferences
- 128 oral or poster papers presented at national conferences
- 2 invited presentations in national scientific meetings
- 5 invited symposia (as organizer) in national conferences
- 9 symposia (as organizer) in national conferences
- 4 symposia (as discussant) in national conferences

### **Research Projects**

Participation in 10 national research projects and 2 applied training projects for students. Research coordinator in 1 granted research project ("Teachers' Attitudes towards Death").

### **Awards**

Award for distinction by the Research Committee of the University of Thessaly, after evaluation of the number of publications, the respective indexes of the impact of the journals, and the references in the publications in databases (2005, Grant no. 3148).

### **Membership in scientific societies**

- European Society of Developmental Psychology (ESDP)
- Hellenic Psychological Society (ELPSE)
- Psychological Society of Northern Greece (PSEVE)
- Coordinator of the Developmental Psychology Section of Hellenic Psychological Society (2019 -2022)

### **Editorship**

- Assistant editor in Scientific Annals of Psychological Society of Northern Greece (2004-2010).
- Article Editor in SAGE OPEN (October, 2018).
- Editorial Board of Hellenic Journal of Psychology (2020-)
- Editorial Advisory Board of PSYCHOLOGY: the journal of the Hellenic Psychological Society (2020-2022)
- Topic Editor in Frontiers in Education. Research Topic: Visual Images in Science Education
- Associate Editor of PSYCHOLOGY: the journal of the Hellenic Psychological Society (2022 -).

### **Reviewer**

Developmental Psychology, European Journal of Psychological Assessment, Cognitive Development, Perceptual and Motor Skills, Death Studies, Psychological Assessment, Psychology and Neuroscience, Infant and Child Development, Early Child Development and Care, Frontiers in Psychology, Public Understanding of Science, International Journal on Disability and Human Development, Journal of Nonverbal Behavior, Health Education Journal, The Clinical Neuropsychologist, High Ability Studies, SAGE Open, Journal of Early Childhood Research, Journal of Global Research in Education and Social Science, Creative Education, British Journal of Applied Science & Technology, Hellenic Journal of Psychology: The Journal of the Psychological Society of Northern Greece, Preschool and Primary Education Journal, Psychology: The Journal of Hellenic Psychological Society, Greek journals on education, Numerous conferences on Psychology and Education

### **Evaluator of Research Programs**

- Research proposals submitted for RESTART 2016-2020 Programmes for Research, Technological Development and Innovation, Excellence/0918, Cyprus Research Promotion Foundation (RPF).
- Research proposals submitted for ΕΔΒΜ34 (Human Resources Development, Education and Lifelong Learning).
- Research proposals submitted for the National Scholarship Foundation in the call "Support of human resources through doctoral research -2nd round ESPA, 2014-2020"
- Proposal submitted in German Research Foundation (DFG, eBer-25-52966).

### **Member of organizing and scientific conferences committees**

- Chair of the Organizing Committee of the 5th National Conference of Developmental Psychology, 2016, Volos, Greece (<http://developmental2016.uth.gr/>)
- Member of the Organizing Committee of 5 national conferences, 1 international scientific meeting and 3 national scientific meetings.
- Member of the Scientific Committees of 4 international and 13 national conferences.

### **Citations**

<https://scholar.google.com/citations?user=RlzVjBwAAAAJ&hl=el>