

## Course Outline: “1106 - English Terminology I”

### 1. General information

<b>FACULTY/SCHOOL</b>	Physical Education, Sport Science & Nutrition		
<b>DEPARTMENT</b>	Nutrition & Dietetics		
<b>LEVEL OF STUDY</b>	Undergraduate		
<b>COURSE UNIT CODE</b>	<b>1106</b>	<b>SEMESTER</b>	<b>1<sup>st</sup></b>
<b>COURSE TITLE</b>	<b>English Terminology I</b>		
<b>INDEPENDENT TEACHING ACTIVITIES</b>		<b>WEEKLY TEACHING HOURS</b>	<b>CREDITS</b>
in case credits are awarded for separate components/parts of the course, e.g. in lectures, laboratory exercises, etc. If credits are awarded for the entire course, give the weekly teaching hours and the total credits			
	Lectures	2	
	Tutoring	2	
<i>Add rows if necessary. The organization of teaching and the teaching methods used are described in detail under section 4</i>		<b>4</b>	<b>4</b>
<b>COURSE TYPE</b> <i>Background knowledge, Scientific expertise, General Knowledge, Skills Development</i>	Background knowledge, Scientific Expertise, General Knowledge, Skills Development		
<b>PREREQUISITE COURSES</b>			
<b>LANGUAGE OF INSTRUCTION</b>	English		
<b>LANGUAGE OF EXAMINATION/ASSESSMENT</b>	English		
<b>THE COURSE IS OFFERED TO ERASMUS STUDENTS</b>	No		
<b>COURSE WEBSITE (URL)</b>	<a href="http://eclass.uth.gr/courses/DND_U_106">http://eclass.uth.gr/courses/DND_U_106</a>		

### 2. LEARNING OUTCOMES

<p><b>Learning Outcomes</b></p> <p><i>The course learning outcomes, specific knowledge, skills and competences of an appropriate (certain) level, which students will acquire upon successful completion of the course, are described in detail. It is necessary to consult: Συμβουλευτείτε το</i></p> <p><b>APPENDIX A</b></p> <ul style="list-style-type: none"> <li><i>Description of the level of learning outcomes for each level of study, in accordance with the European Higher Education Qualifications' Framework.</i></li> <li><i>Descriptive indicators for Levels 6, 7 &amp; 8 of the European Qualifications Framework for Lifelong Learning and</i></li> </ul> <p><b>APPENDIX B</b></p> <ul style="list-style-type: none"> <li><i>Guidelines for writing Learning Outcomes</i></li> </ul>		
<p>The course aims at exploring, developing and enriching students' knowledge in the English language with cognitive subjects of the Department of Nutrition &amp; Dietetics.</p> <p>The objectives of the course include the students' introduction to the major concepts of Nutrition &amp; Dietetics in English in order to broaden their knowledge and acquire an effective management of scientific approach on relevant concepts in English.</p> <p>Last but not least, the students' in-depth understanding of the English Bibliography and the composition of written texts based on the related terminology in the English language is another aim of paramount importance.</p>		
<p><b>General Competences</b></p> <p><i>Taking into consideration the general competences that students/graduates must acquire (as those are described in the Diploma Supplement and are mentioned below), at which of the following does the course attendance aim?</i></p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; border: none; vertical-align: top;"> <i>Search for, analysis and synthesis of data and information by the use of appropriate technologies, Adapting to new situations Decision-making Individual/Independent work Group/Team work Working in an international environment Working in an interdisciplinary environment Introduction of innovative research</i> </td> <td style="width: 50%; border: none; vertical-align: top;"> <i>Project planning and management Respect for diversity and multiculturalism Environmental awareness Social, professional and ethical responsibility and sensitivity to gender issues Critical thinking Development of free, creative and inductive thinking ..... (Other.....citizenship, spiritual freedom, social awareness, altruism etc.) .....</i> </td> </tr> </table>	<i>Search for, analysis and synthesis of data and information by the use of appropriate technologies, Adapting to new situations Decision-making Individual/Independent work Group/Team work Working in an international environment Working in an interdisciplinary environment Introduction of innovative research</i>	<i>Project planning and management Respect for diversity and multiculturalism Environmental awareness Social, professional and ethical responsibility and sensitivity to gender issues Critical thinking Development of free, creative and inductive thinking ..... (Other.....citizenship, spiritual freedom, social awareness, altruism etc.) .....</i>
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<p>Upon successful completion of the course, students would be able to:</p> <ul style="list-style-type: none"> <li>Manage their knowledge through autonomous or group work and final exams</li> </ul>		

- Exercise critical ability and self-criticism
- Understand issues in an international environment
- Promote creative and inferential thinking
- Cooperate and create interpersonal relations
- Familiarize themselves with the use of IT
- Evaluate their different language proficiency skills
- Apply their scientific knowledge in practice

### 3. COURSE CONTENT

Terminology of specified terms and concepts and the teaching of scientific texts related to:

- Basic categories of Nutrients (vitamins, carbohydrates, proteins, fats, minerals etc.) with their subsequent analysis as well as reference on their proper intake from the human organism,
- Physiology (digestive, neural, hormonal system etc.)
- Eating habits, eating disorders, vegetarian diet, nutrition and children, nutrition and pregnancy, nutrition and alcohol, nutrition and cancer, nutrition and diabetes, nutrition and exercise, nutrition and disease prevention,
- Organic food and GMOs,
- Description of food labels.

Comprehension exercises on texts and videos and final exams.

Writing and presentation of individual or group assignments in PowerPoint on theory issues.

### 4. TEACHING METHODS - ASSESSMENT

<p style="text-align: center;"><b>MODES OF DELIVERY</b> <i>Face-to-face, in-class lecturing, distance teaching and distance learning etc..</i></p>	Face-to-face, in-class lecturing, distance teaching and learning	
<p style="text-align: center;"><b>USE OF INFORMATION AND COMMUNICATION TECHNOLOGY</b> <i>Use of ICT in teaching, Laboratory Education, Communication with students</i></p>	Use of ICT in teaching (e.g. PowerPoint, Videos etc.), communication with students via e-mails and general support of the educational process via the platform e-class.	
<p style="text-align: center;"><b>COURSE DESIGN</b> <i>Description of teaching techniques, practices and methods: Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, Internship, Art Workshop, Interactive teaching, Educational visits, projects, Essay writing, Artistic creativity, etc. The study hours for each learning activity as well as the hours of self-directed study are given following the principles of the ECTS.</i></p>	<b>Activity/Method</b>	<b>Semester workload</b>
	Lectures	35
	Practice exercises that focus on the application of methodologies and analysis of case studies to smaller groups of students.	25
	Group or individual projects in presentation format (PowerPoint).	20
	Individual study	20
<b>Total</b>	<b>100</b>	
<p style="text-align: center;"><b>STUDENT PERFORMANCE EVALUATION/ASSESSMENT METHODS</b> <i>Detailed description of the evaluation procedures:</i>  <i>Language of evaluation, assessment methods, formative or summative (conclusive), multiple choice tests, short- answer questions, open-</i></p>	<ol style="list-style-type: none"> <li>I. Final written exam (60%) including: Multiple choice questions</li> <li>II. Oral exam which includes: Presentation of individual or group work in PowerPoint (30%)</li> <li>III. Written evaluation of videos concerning nutritional issues (10%)</li> </ol>	

<p><i>ended questions, problem solving, written work, essay/report, oral exam, presentation, laboratory work, other.....etc.</i></p> <p><i>Specifically defined evaluation criteria are stated, as well as if and where they are accessible by the students.</i></p>	
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## **5. SUGGESTED BIBLIOGRAPHY**

*-Suggested bibliography:*

Mihailidis, G. I. & Vezou-Magkouti, N. (2005). English-Greek & Greek-English Dictionary of Medical terms. Athens: Medical Editions Konstantaras (ISBN: 960-88361-2-3)

Dolard's (2002). Medical Dictionary (English-Greek & Greek-English). Cyprus: Broken Hill Publishers. LTD