

Tsiampalis Thomas, MSc, PhD Biostatistician- Epidemiologist

Item	Number
Articles in International Peer-Reviewed Journals Indexed in Bibliographical Databases	37
Presentations at International Conferences	23
Presentations at National Conferences	22
Google Scholar/Scopus Citation Index (including self-citations)	217
Google Scholar/Scopus Hit Index (h-index)	8

EDUCATION

2019- 2023	<p>PhD in Biostatistics- Epidemiology School of Health Sciences, Department of Dietetics-Nutrition Science Harokopio University</p>
2016-2018	<p>MSc in Biostatistics Medical School of Athens & Department of Mathematics National and Kappodistrian University of Athens</p>
2012-2016	<p>BSc in Mathematics School of Science, Department of Mathematics National and Kappodistrian University of Athens</p>

PROFESSIONAL EXPERIENCE

2020- Today	<p>Head of Health Analytics & Biostatistics Unit COVARIANCE, Data- Driven AI Innovation</p>
2018-2020	<p>Senior Biostatistician Institute of Preventive Medicine, Environmental and Occupational Health</p>
2017-2018	<p>Junior Biostatistician Institute of Preventive Medicine, Environmental and Occupational Health</p>
2016	<p>Statistician Risk Management Department HELPE S.A.</p>

TEACHING IN UNDERGRADUATE STUDY PROGRAMS

2023-2024 (Winter semester)	<p>External Department Instructor- Biostatistics School of Physical Education & Sport Science Dietetics, University of Thessaly</p>
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2022-2023 (Winter semester)

External Department Instructor- Biostatistics

School of Physical Education & Sport Science
Dietetics, University of Thessaly

Teaching Assistant in the course of Biostatistics I (Winter semester) & Biostatistics II (Spring semester)

2019- Today

School of Health Sciences, Department of
Dietetics-Nutrition Science
Harokopio University

Teaching assistant in the course of Statistics II

2016-2017 (Spring semester) &
2017-2018 (Spring semester)

School of Science, Department of Mathematics
National and Kapodistrian University of Athens

TEACHING IN POSTGRADUATE STUDY PROGRAMS

2023-2024 (Winter semester)

External Department Instructor- Clinical Trials

Department of Statistics and Insurance Science,
University of Piraeus

SCIENTIFIC PUBLICATIONS

1. Dalma, A., Petralias, A., **Tsiampalis, T.**, Nikolakopoulos, S., Veloudaki, A., Kastorini, C. M., ... & Linos, A. (2020). Effectiveness of a school food aid programme in improving household food insecurity; a cluster randomized trial. *European Journal of Public Health*, 30(1), 171-178.
2. **Tsiampalis, T.**, & Panagiotakos, D. Competing risks' analysis in cardiovascular disease epidemiology;—The case of ATTICA study (2002-2012).
3. Spelt, H., **Tsiampalis, T.**, Karnaki, P., Kouvari, M., Zota, D., Linos, A., & Westerink, J. (2019). Lifestyle E-coaching for physical activity level improvement: short-term and long-term effectivity in low socioeconomic status groups. *International Journal of Environmental Research and Public Health*, 16(22), 4427.
4. **Tsiampalis, T.**, & Panagiotakos, D. B. (2020). Missing-data analysis: socio-demographic, clinical and lifestyle determinants of low response rate on self-reported psychological and nutrition related multi-item instruments in the context of the ATTICA epidemiological study. *BMC Medical Research Methodology*, 20(1), 1-13.
5. **Tsiampalis, T.**, Faka, A., Kouvari, M., Psaltopoulou, T., Pitsavos, C., Chalkias, C., & Panagiotakos, D. B. (2021). The impact of socioeconomic and environmental determinants on Mediterranean diet adherence: A municipal-level spatial analysis in Athens metropolitan area, Greece. *International Journal of Food Sciences and Nutrition*, 72(2), 259-270.
6. Kastorini, C. M., Markaki, I., **Tsiampalis, T.**, Critselis, E., Petralias, A., Linos, A., & DIATROFI Program Research Team. (2021). Dietary patterns and food insecurity of students participating in a food aid programme: the Mediterranean perspective. *European Journal of Public Health*, 31(1), 143-150.
7. Riza, E., Karakosta, A., **Tsiampalis, T.**, Lazarou, D., Karachaliou, A., Ntelis, S., ... & Psaltopoulou, T. (2020). Knowledge, Attitudes and Perceptions about Cervical Cancer Risk, Prevention and Human Papilloma Virus (HPV) in Vulnerable Women in Greece. *International Journal of Environmental Research and Public Health*, 17(18), 6892.
8. Ruth Bell, Matluba Khan, Monica Lillefjell, Kirsti Sarheim Anthun, Ruca Elisa Katrin Maass, Siren Hope, Geir Arild Espenes, Bettina Fredrich, Marita Friberg, Anne-Sophie Merritt, Silvestre García de Jalón, Aline Chiabai, Hanneke Kruize, Brigit Staatsen, Nina van der Vliet, Daniela Craveiro, Sibila Marques, Ana Marreiros, Eunice Lopo, Filomena Peixeiro, Hanne Spelt, **Thomas**

- Tsiampalis**, Matina Kouvari, Pania Karnaki, Athanassios Petralias, Joyce Westerink, Athena Linos, Vojtěch Máca, Iva Zvěřinová, Milan Ščasný, Nathalie Bélorgey, Simone Weyers, Katharina Kreffte. Quantitative and qualitative evaluations of impacts and benefits of nine INHERIT case studies (2020).
9. **Tsiampalis, T.**, Vassou, C., Psaltopoulou, T., & Panagiotakos, D. (2021). Socio-Demographic, Clinical and Lifestyle Determinants of Low Response Rate on a Self-Reported Psychological Multi-Item Instrument Assessing the Adults' Hostility and its Direction: ATTICA Epidemiological Study (2002-2012). *International Journal of Statistics in Medical Research* (indexed in Scopus).
 10. **Tsiampalis, T.**, Faka, A., Psaltopoulou, T., Pitsavos, C., Chalkias, C., & Panagiotakos, D. B. (2021). The relationship of the built and food environments with the metabolic syndrome in the Athens metropolitan area: a sex-stratified spatial analysis in the context of the ATTICA epidemiological study. *Hormones*, 20(4), 723-734.
 11. Panagiotakos, D., & **Tsiampalis, T.** (2021). Excess mortality in Greece during 2020: the role of COVID-19 and cardiovascular disease. *Hellenic Journal of Cardiology*, 62(5), 378.
 12. Kouvari, M., **Tsiampalis, T.**, Chrysohoou, C., Georgousopoulou, E., Notara, V., Souliotis, K., ... & Panagiotakos, D. B. (2022). A Mediterranean diet microsimulation modeling in relation to cardiovascular disease burden: The ATTICA and GREECS epidemiological studies. *European Journal of Clinical Nutrition*, 76(3), 434-441.
 13. **Tsiampalis, T.**, Faka, A., Kouvari, M., Psaltopoulou, T., Pitsavos, C., Chalkias, C., & Panagiotakos, D. B. (2021). Geographical Variability of Sex-Specific, Health Related Determinants of Quality of Life in Athens Metropolitan Area: A Spatial Analysis in the Context of the ATTICA Epidemiological Study. *Applied Spatial Analysis and Policy*, 1-21.
 14. Jani, R., Mhaskar, K., **Tsiampalis, T.**, Kassaw, N. A., González, M. Á., & Panagiotakos, D. B. (2021). Circulating 25-hydroxy-vitamin D and the risk of cardiovascular diseases. Systematic review and meta-analysis of prospective cohort studies. *Nutrition, Metabolism and Cardiovascular Diseases*, 31(12), 3282-3304.
 15. Kouvari, M., Karipidou, M., **Tsiampalis, T.**, Mamalaki, E., Poulimeneas, D., Bathrellou, E., ... & Yannakoulia, M. (2022). Digital Health Interventions for Weight Management in Children and Adolescents: Systematic Review and Meta-analysis. *Journal of medical Internet research*, 24(2), e30675.
 16. Kouvari, M., **Tsiampalis, T.**, Chrysohoou, C., Georgousopoulou, E., Skoumas, J., Mantzoros, C. S., ... & Panagiotakos, D. B. (2022). Quality of plant-based diets in relation to 10-year cardiovascular disease risk: the ATTICA cohort study. *European Journal of Nutrition*, 1-11.
 17. Tyrovolas, S., **Tsiampalis, T.**, Morena, M., Leung, A. Y., Faka, A., Chalkias, C., ... & Panagiotakos, D. (2022). COVID-19 Mortality in Europe, by Latitude and Obesity Status: A Geo-Spatial Analysis in 40 Countries. *Nutrients*, 14(3), 471.
 18. Mamalaki, E., Poulimeneas, D., **Tsiampalis, T.**, Kouvari, M., Karipidou, M., Bathrellou, E., ... & Yannakoulia, M. The effectiveness of technology-based interventions for weight loss maintenance: A systematic review of randomized controlled trials with meta-analysis. *Obesity Reviews*, e13483.
 19. Kosti, R., **Tsiampalis, T.**, Kouvari, M., Chrysohoou, C., Georgousopoulou, E., Skoumas, J., ... & Panagiotakos, D. B. (2022). Dietary patterns and alcoholic beverage preference in relation to 10-year cardiovascular disease, hypertension, hypercholesterolemia and diabetes mellitus incidence in the ATTICA cohort study. *OENO One*, 56(3), 121-135.
 20. Kosti, R. I., **Tsiampalis, T.**, Kouvari, M., Chrysohoou, C., Georgousopoulou, E., Pitsavos, C. S., & Panagiotakos, D. B. (2022). The association of specific types of vegetables consumption with 10-year type II diabetes risk: Findings from the ATTICA cohort study. *Journal of Human Nutrition and Dietetics*.
 21. Matina Kouvari, **Thomas Tsiampalis**, Rena I Kosti, Nenad Naumovski, Christina Chrysohoou, John Skoumas, Christos S Pitsavos, Demosthenes B Panagiotakos, Christos S Mantzoros. Quality of plant-based diets in relation to liver steatosis and 10-year type 2 diabetes incidence in the

ATTICA study: unhealthful plant foods and animal food are similarly harmful for liver health. *Clinical Nutrition*

22. Gketsios, I., **Tsiampalis, T.**, Foscolou, A., Vassilakou, T., Kanellopoulou, A., Notara, V., Antonogeorgos, G., Rojas-Gil, A.P., Kornilaki, E.N., Lagiou, A. and Panagiotakos, D.B., 2022. The Association of Junk Food Consumption with Preadolescents' Environmental Influences: A School-Based Epidemiological Study in Greece. *Children* (2023; Invited paper on Special Issue: 'Global and Public Health')
23. **Thomas Tsiampalis**, Antigoni Faka, Theodora Psaltopoulou, Christos Pitsavos, Christos Chalkias, Demosthenes B. Panagiotakos. The spatial variability of the sex and age- specific 10-year incidence of cardiovascular diseases and its clinical risk factors in Athens metropolitan area: A local statistical modelling approach in the context of the ATTICA epidemiological study. *Applied Spatial Analysis and Policy* (2023)
24. Ioannis Gketsios, **Thomas Tsiampalis**, Aikaterini Kanellopoulou, Tonia, Vassilakou, Venetia Notara, George Antonogeorgos, Andrea Paola Rojas-Gil, Ekaterina N. Kornilaki, Areti Lagiou, Demosthenes B Panagiotakos, Rena I Kosti. The synergetic effect of soft drinks and sweet/salty snacks consumption and the moderating role of obesity on preadolescents' emotions and behavior: A school- based epidemiological study. *Life* (2023; Invited paper on Special Issue: 'Nutrition and Dietary Pattern Associated with Diseases')
25. Ioannis Gketsios, **Thomas Tsiampalis**, Alexandra Foscolou, Ioanna Panagiota Kalafati, Tonia Vassilakou, Aikaterini Kanellopoulou, Venetia Notara, George Antonogeorgos, Andrea Paola Rojas-Gil, Odysseas Androutsos, Ekaterina N Kornilaki, Areti Lagiou, Demosthenes B Panagiotakos, Rena I Kosti. Increased pressure from family and school can lead to increased consumption of soft and flavored drinks among preadolescents: a school-based epidemiological study. *Children* (2023; Invited paper on Special Issue: 'Lifestyle Medicine for Children and Adolescents')
26. Rena I. Kosti, **Thomas Tsiampalis**, Matina Kouvari, Ioannis Gketsios, Aikaterini Kanellopoulou, Venetia Notara, George Antonogeorgos, Andrea Paola Rojas-Gil, Ekaterina N. Kornilaki, Areti Lagiou, Demosthenes B. Panagiotakos. Clustering of activity-related behaviors in relation to self-reported causes of stress among preadolescents: results from a national epidemiological study. *Life* (2023; Invited paper on Special Issue: 'Nutrition and Dietary Pattern Associated with Diseases')
27. Matina Kouvari, Nathan M. D'Cunha, **Thomas Tsiampalis**, Manja Zec, Domenico Sergi, Stephanie Mulhal, Nikolaj Travica, Wolfgang Marx, Andrew J. McKune, Demosthenes B. Panagiotakos, Nenad Naumovski. Metabolically Healthy Overweight and Obesity, Transition to Metabolically Unhealthy Status and Cognitive Function: Results from the Framingham Offspring Study. *Nutrients* (2023)
28. Elena Critselis, **Thomas Tsiampalis**, Ekavi Georgousopoulou, Christina Chrysohoou, John Skoumas, Christos Pitsavos, Demosthenes Panagiotakos. High fish intake rich in n-3 polyunsaturated fatty acids reduces cardiovascular disease incidence in healthy adults: The ATTICA Cohort Study (2002-2022). *Frontiers in Physiology* (2023).
29. Vasiliki Belitsi, **Thomas Tsiampalis**, Vasiliki Kalantzi, Odysseas Androutsos, Fotini Bonoti, Demosthenes B. Panagiotakos, Rena I. Kosti. Development and Test –retest Repeatability of the Integrated Assessment of Adherence to Treatment Questionnaire for Cardio Metabolic Diseases (IAATQ-CMD) in primary health care. *Journal of Atherosclerosis Prevention and Treatment* (2023).
30. Gitsi, E., Panagiotakos, D., **Tsiampalis, T.**, Skoumas, J., Chrysohoou, C., & Pitsavos, C. The association between the type and intensity of physical activity and 10-year cardiovascular disease risk: The ATTICA study, 2002–2012. *Archives of Hellenic Medicine* (2023)
31. Vasiliki Kalantzi, Ioanna Panagiota Kalafati, Vasiliki Belitsi, **Thomas Tsiampalis**, Ioannis Koutsonasios, Odysseas Androutsos, Fotini Bonoti, Demosthenes B. Panagiotakos, Rena I. Kosti. Cardiometabolic patient – related factors influencing the adherence to lifestyle changes and overall treatment: a review of the recent literature. *Life* (2023; Invited paper on Special Issue:

‘Determinants of Adherence to Medication and Lifestyle Modification for the Management of Cardiometabolic Diseases’)

32. Christina Vassou, **Thomas Tsiampalis**, Ioannis Kyrou, Ekavi N. Georgousopoulou, Christina Chrysohoou, Mary Yannakoulia, Christos Pitsavos, Mark Cropley, Demosthenes B. Panagiotakos. Family history of Diabetes, in relation to Irrational beliefs, Health Anxiety and 10-year Diabetes Incidence: the ATTICA Epidemiological Study (2002-2012). *International Journal of Behavioral Medicine* (2023)
33. **Thomas Tsiampalis**, Antigoni Faka, Christos Chalkias, Demosthenes Panagiotakos. A methodological Framework For Imputing missiNg spatial data at an aggregate level and guaranteeing daTa privacy: the AFFINITY method; implementation in the context of the official spatial Greek census data. *Communications in Statistics – Case Studies and Data Analysis* (2023).
34. **Thomas Tsiampalis**, Demosthenes Panagiotakos. Methodological issues of the Electronic Health Records’ use in the context of epidemiological investigations, in light of missing data: a review of the recent literature. *BMC Medical Research Methodology* (2023; Invited paper on Special Issue: ‘Methods and Applications for Real World Data: Opportunities and Challenges for an evidence-based approach’)
35. Dina Zota, Dimitrios V Diamantis, Konstantinos Katsas, Pania Karnaki, **Thomas Tsiampalis**, Piotr Sakowski, Costas A Christophi, Eleni Ioannidou, Sara Darias-Curvo, Victoria-Luise Batury, Hendrik Berth, Anja Zscheppang, Maike Linke, Sotiris Themistokleous, Afroditi Veloudaki, Athena Linos. Essential skills for health communication, barriers, facilitators and the need for training: perceptions of healthcare professionals from 7 European countries. *Healthcare* (2023)
36. Odysseas Androutsos, **Thomas Tsiampalis**, Matina Kouvari, Maria Manou, Maria Dimopoulou, Alexandra Georgiou, Rena I Kosti, Evangelia Charmandari. Assessment of diet quality in children and adolescents with overweight or obesity in Greece. *Children* (2023; Invited paper on Special Issue: ‘Lifestyle Medicine for Children and Adolescents’)
37. Vasiliki Belitsi, **Thomas Tsiampalis**, Matina Kouvari, Vasiliki Kalantzi, Odysseas Androutsos, Fotini Bonoti, Dimosthenis Panagiotakos, Rena I. Kosti. Exploring Patient Beliefs and Medication Adherence in the Mediterranean Context: A Cross- sectional study in Patients with Cardiovascular Diseases and Cardiometabolic Disorders in Greece- the IACT- study. *Life* (2023; Invited paper on Special Issue: ‘Determinants of Adherence to Medication and Lifestyle Modification for the Management of Cardiometabolic Diseases’)

PARTICIPATION IN INTERNTIONAL CONFERENCES

1. Papageorgiou SG, Kontos CK, **Tsiampalis T**, Vyniou NA, Symeonidis A, Galanopoulos A, Kotsianidis I, Pappa V for the Hellenic (Greek) MDS Study Group. The prognostic value of monosomal karyotype (MK) in high-risk patients with myelodysplastic syndromes treated with 5- Azacitidine. *Proc ASH: 2017*
2. Papageorgiou SG, Kontos CK, **Tsiampalis T**, Vyniou NA, Symeonidis A, Galanopoulos A, Kotsianidis I, Pappa V. The outcome of patients with high risk MDS achieving stable disease after treatment with 5-Azacitidine. A retrospective analysis of the Hellenic (Greek) MDS Study Group. *Proc ASH: 2017*
3. Galanopoulos AG, Kontos CK, Symeonidis A, Kotsianidis I, Kourakli A, Pappa V, **Tsiampalis T**, Pouli A, Panayiotidis P, Roussou P, Karakatsanis S, Zafeiropoulou K, Dimou M, Vassilakopoulos TP, Vardi A, Tsokanas D, Drakos G, Hatzimichael E, Megalakaki A, Repousis P, Kotsopoulou M, Solomou EE, Kaiafa G, Papoutselis MK, Sioni A, Charchalakis N, Bouronikou E, Vassilopoulos G, Lazaris V, Galanopoulos A, Diamantopoulos PT, Kontopidou F, Topouzoglou Z, Kalyva S, Papadaki HA, Hatzitolios A, Anagnostopoulos A, Anagnostopoulos N, Viniou NA. Prognosis of Lower Risk Patients with Myelodysplastic Syndromes without Isolated Del(5q) after Failure of Erythropoiesis-Stimulating Agents. a Multicenter Study By the Hellenic MDS Study Group. *Proc ASH: 2017*

4. Dina Zota, Matina Kouvari, **Thomas Tsiampalis**, Archontoula Dalma, Afroditi Veloudaki, Stavros Nikolakopoulos and Athena Linos. School interventions' effect on enhancing healthy weight: interaction with sociodemographic factors. 11th EPH Conference, Ljubljana: 2018
5. Pania Karnaki, Elena Riza, Stavros Nikolakopoulos, Dina Zota, Thomas Tsiampalis and Athena Linos. Physical and mental health status of migrants/ refugees in Europe- The Mig-HealthCare project. 11th EPH Conference, Ljubljana: 2018
6. Yannis Dimitroglou, Constantina Aggeli, **Thomas Tsiampalis**, Euaggelos Oikonomou, Konstantinos Zisimos, Leonidas Raftopoulos, Kali Politarchou, Athanassios Ververniotis, Athanassios Aggelis, Stylianos Kastellanos, Dimitris Savvalas, Georgios Roussakis, Dimitrios Tousoulis.. Safety of dobutamine stress contrast echocardiography; a single-center experience of 15 years. Oral presentation: European Society of Cardiology Congress (2019)
7. Hanne Spelt, Pania Karnaki, **Thomas Tsiampalis** Matina Kouvari, Athanassios Petralias, Dina Zota, Joyce Westerinck and Athena Linos. Short-term and long-term effectiveness of an e-coaching application; the INHERIT project. Oral presentation: 12th European Public Health Conference (2019)
8. **Thomas Tsiampalis**, Athanassios Petralias, Athena Linos. Food insecurity and social determinants of students' low adherence to the Mediterranean diet. Pitch presentation: 12th European Public Health Conference (2019).
9. Patra Vlachopanou, Evangelia Karagiannopoulou, **Thomas Tsiampalis**. Association among defense mechanisms, causes of procrastination and well- being. Gender differences. Poster display: 12th European Public Health Conference (2019)
10. Patra Vlachopanou, **Thomas Tsiampalis**, Evangelia Karagiannopoulou. Causes of academic procrastination and social determinants among college students in Greece. Poster display: 12th European Public Health Conference (2019).
11. K Zota, P Karnaki, A Veloudaki, **T Tsiampalis**, A Linos. Health Communication needs of health professionals in Europe – the H-COM cross sectional study. Poster walk: 12th European Public Health Conference (2019)
12. Michael Kontos, Elena Riza, **Thomas Tsiampalis**, George Kirkilexis, Ioannis Bokus, Dimitris Moris, Maria Darema, Andreas Andriopoulos, Alexandra Varletzidou, Spyros Vernadakis, Christos Nikolaidis, Sophia Lionaki, Xanthi Sarantzi, Chrysoula Anagnostopoulou, Ioannis Boletis, George Zavos. Breast cancer incidence and survival in renal transplant patients: 35-year experience. Poster display: ESMO Conference (2019)
13. Patra Vlachopanou, Evangelia Karagiannopoulou, **Thomas Tsiampalis**. Bringing together defense styles, learning, procrastination, and well-being to identify students' profiles. Poster display: Annual Conference of Psychology of Education (2019)
14. Patra Vlachopanou, **Thomas Tsiampalis**, Evangelia Karagiannopoulou. Different undergraduate students' profiles with regard to defense styles, approaches to learning, academic procrastination, well- being and their academic achievement. Differences among years of study: A cross- sectional study in Greece. International Conference on Education, Psychology and Sociology (2020)
15. M. Kouvari, **T. Tsiampalis**, C. Chrysochoou, V. Notara, E. Georgousopoulou, J. Skoumas, C. Pitsavos, DB. Panagiotakos. A diet-related microsimulation modelling approach in the context of cardiovascular disease prevention: the ATTICA and GRECS epidemiological studies. ESC Preventive Cardiology (2021).
16. **Thomas Tsiampalis**, Antigoni Faka, Theodora Psaltopoulou, Christos Chalkias, Christos Pitsavos, Demosthenes Panagiotakos. The spatial variability of the sex and age- specific 10-year incidence of cardiovascular diseases and its medical risk factors in Athens metropolitan area. 89th European Atherosclerosis Society (EAS) (2021).
17. **Thomas Tsiampalis**, Antigoni Faka, Theodora Psaltopoulou, Christos Chalkias, Christos Pitsavos, Demosthenes Panagiotakos. A spatial analysis of behavioral risk factors for cardiovascular diseases, in the context of the ATTICA epidemiological study in Greece. 89th European Atherosclerosis Society (EAS) (2021).

18. **Thomas Tsiampalis**, Antigoni Faka, Theodora Psaltopoulou, Christos Chalkias, Christos Pitsavos, Demosthenes Panagiotakos. The socioeconomic and environmental determinants of the metabolic syndrome in the Athens metropolitan area: a spatial analysis in the context of the ATTICA epidemiological study. 89th European Atherosclerosis Society (EAS) (2021)
19. **Thomas Tsiampalis**, Antigoni Faka, Theodora Psaltopoulou, Christos Chalkias, Christos Pitsavos, Demosthenes Panagiotakos. The spatial variability and the socio-economic-environmental determinants of the prevalence of hypertension in the Athens metropolitan area. 89th European Atherosclerosis Society (EAS) (2021).
20. **Thomas Tsiampalis**, Antigoni Faka, Theodora Psaltopoulou, Christos Chalkias, Christos Pitsavos, Demosthenes Panagiotakos. Implications of supermarket and street markets Access for the metabolic syndrome in the Athens metropolitan area. 89th European Atherosclerosis Society (EAS) (2021).
21. **Thomas Tsiampalis**, Antigoni Faka, Theodora Psaltopoulou, Christos Chalkias, Christos Pitsavos, Demosthenes Panagiotakos. Socio-economic and environmental determinants of diabetes mellitus in the Athens metropolitan area: a spatial analysis in the context of the ATTICA epidemiological study. 89th European Atherosclerosis Society (EAS) (2021).
22. Kouvari M, **Tsiampalis T**, Chrysohoou C, Georgousopoulou E, Skoumas J, Mantzoros CS, Pitsavos C, Panagiotakos DP. The quality of plant-based dietary patterns affects the ten-year cardiovascular disease risk of participants with non-alcoholic fatty liver disease: highlights from a population-based cohort study. ESC Congress, on-line 27 – 30 August 2021
23. C. Vassou, T. **Tsiampalis**, E.N. Georgousopoulou, C. Chrysohoou, M. Yannakoulia, C. Pitsavos, M. Cropley, D.B. Panagiotakos. The synergistic role of irrational beliefs and health anxiety regarding family history of diabetes on type 2 diabetes; the Attica epidemiological study. 90th European Atherosclerosis Society (EAS) (2022).

PARTICIPATION IN NATIONAL CONFERENCES

1. Papageorgiou SG, Kontos CK, Bouxla A, **Tsiampalis T**, Vyniou NA, Symeonidis A, Galanopoulos A, Kotsianidis I, Pappa V, for the Hellenic (Greek) MDS Study Group. The predictive value of monosomal karyotype (MK) in patients with high risk of myelodysplastic syndrome who received 5-Azacitidine. Panhellenic Hematology Congress, 2017.
2. Papageorgiou SG, Kontos CK, Bazani E, **Tsiampalis T**, Vyniou NA, Symeonidis A, Galanopoulos A, Kotsianidis I, Pappa V, for the Hellenic (Greek) MDS Study Group. The outcome of patients in high MDS risk achieving stable disease with 5-Azacitidine: A retrospective study of the Hellenic Working Group on Myelodysplastic Syndromes. Panhellenic Hematology Congress, 2017
3. Galanopoulos A, Kontos CK, Symeonidis A, Kotsianidis I, Kourakli A, Pappa V, **Tsiampalis T**, Pouli A, Pnriotidis P, Roussou P, Karakatsanis S, Zafeiropoulou K, Dimou M, Vassilakopoulos TP, Vardi A, Tsokanas D, Drakos G, Hatzimichael E, Megalakaki A, Repousis P, Kotsopoulou M, Solomou E, Kaifa G, Papoutselis MK, Sioni A, Charchalakis N, Bouronikou E, Vassilopoulos G, Lazaris V, Spyliotopoulou M, Diamantopoulos TP, Kontopidou F, Topouzoglou Z, Kalyva S, Papadaki E, Chatzitoliou A, Anagnostopoulos A, Anagnostopoulos NI, Viniou NA. Prognosis of patients with low risk of Myelodysplastic Syndrome, without individual Del(5q) following failure of Erythropoiesis-Stimulating factors.. A Multicentre study of the Greek MDS Study Group. Panhellenic Hematology Congress, 2017
4. Galanopoulos A, Kontos CK, Viniou NA, Kotsianidis I, Pappa V, Kourakli A, **Tsiampalis T**, Pouli A, Panagiotidis P, Roussou P, Karakatsanis S, Zafeiropoulou K, Dimou M, Vasilakopoulos T, Vardi A, Tsokanas D, Drakos G, Chatzimichael E, Megalakaki A, Repousis P, Kotsopoulou M, Solomou E, Kaifa G, Papoutselis MK, Sioni A, Harhalakis M, Bouronikou E, Vasilopoulos G, Lazaris V, Spiliotopoulou M, Diamantopoulos PT, Kontopidou F, Topouzoglou Z, Kalyva S, Papadaki E, Chatzitoliou A, Anagnostopoulos A, Anagnostopoulos NI, Symeonidis A. Epidemiological characteristics of patients with Myelodysplastic Syndrome in the Greek population. A Multicentre study of the Greek MDS Study Group. Panhellenic Hematology Congress, 2017

5. Dimitroglou Y., Aggeli K., **Tsiampalis T**, Apostolou I, Oikonomou E, Zisimos K, Raftopoulos L, Polytarchou K, Verveniwths A, Aggelis A, Savvalas D, Roussakis G, Tousoulis D. The safe administration of contrast agents in dynamic ultrasound with dobutamine: data from 15 years of experience in a tertiary center. Panhellenic Conference of Cardiology (2019).
6. Tsiampalis Thomas, Demosthenes B. Panagiotakos. INVESTIGATING THE PROFILE OF INDIVIDUALS WITH LIMITED RESPONSE TO PSYCHOMETRIC TOOLS. 13th Panhellenic Conference of Public Health (2020)
7. **Thomas Tsiampalis**, Antigoni Faka, Matina Kouvari, Theodora Psaltopoulou, Christos Chalkias, Christos Pitsavos, Demosthenes Panagiotakos. The spatial variability of the association between the medical risk factors and the 10- year incidence of cardiovascular diseases: A spatial analysis in the context of the ATTICA epidemiological study (2002-2012). 41st Panhellenic Congress of Cardiology (Distinction: 12 best abstracts of the conference)
8. **Thomas Tsiampalis**, Antigoni Faka, Matina Kouvari, Theodora Psaltopoulou, Christos Chalkias, Christos Pitsavos, Demosthenes Panagiotakos. The effect of the socio-environmental characteristics on the prevalence of the modifiable lifestyle risk factors: A spatial analysis in the context of the ATTICA epidemiological study (2002-2012). 41st Panhellenic Congress of Cardiology
9. **Thomas Tsiampalis**, Antigoni Faka, Theodora Psaltopoulou, Christos Chalkias, Christos Pitsavos, Demosthenes Panagiotakos. The spatial variability and the socio-environmental determinants of the prevalence of hypertension in the Metropolitan area of Athens: A spatial analysis in the context of the ATTICA epidemiological study. 9th Panhellenic Congress of the Hellenic Atherosclerosis Society
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