

Maria Angeli, BSc, MSc, PhD

Item	Number
Books	
Book Chapters	
Articles in International Peer-Reviewed Journals Indexed in Bibliographical Databases	7
Articles not Indexed in Bibliographical Databases	
Published technical reports for international organizations	
Refereed International Conference Presentations	5
Invited Presentations	
Google Scholar/Scopus Citation Index (including self-citations)	22/15
Google Scholar/Scopus h-index	2/2
Involved in Successful Grant Applications	1

1. EDUCATION

- 2018 - 2023 • **University of Thessaly, School of Physical Education & Sport Science, Greece**
PhD in “ Development and implementation of health education programs through new technologies: healthy diet, smoking, alcohol, doping & aggressive behavior”
 Members of the Advisory Committee: Professor Yannis Theodorakis (Psychology of Exercise & Health), Professor Marios Goudas (Motivation & Life Skills Teaching), Professor Antonis Hatzigeorgiadis (Sport Psychology & Athletes’ Cognitive Abilities)
- 2015 – 2017 • **University of Thessaly, School of Physical Education & Sport Science, Greece**
MSc in Exercise Psychology
 Thesis Title: *«The effects of self-regulation smoking-delay strategies on smoking delay following moderate intensity exercise»*
 Members of the Advisory Committee: Professor Yannis Theodorakis (Psychology of Exercise & Health), Associate Professor Antonis Hatzigeorgiadis (Sport Psychology & Athletes’ Cognitive Abilities), Assistant Professor Nikos Comoutos (Physical Education Course Organisation)
- 2006 – 2010 • **Panteion University of Social & Political Sciences, Greece**
BSc in Sociology

2. EMPLOYMENT HISTORY

- 2021 – 2022 • **2° Public Adult Middle School, Trikala**
Career and Professional Guidance Counsellor

- 2015 – 2016 • **1° Public Adult Middle School, Trikala**
Career and Professional Guidance Counsellor

- 2013- 2014 • **Regional Unity of Trikala**
Educator of young adults and other population groups on specific topics

3. ACADEMIC AND SCIENTIFIC EXPERIENCE

3.1 Undergraduate Teaching

- 2023 – 2024 • **Department of Physical Education and Sports Science, University of Thessaly**
Associate Lecturer
Skills Development through Sport (7th semester)

Competitive National

3.2.1. Other

- 05/2022- 11/2023: Doctoral Scholarship (Competitive): State Scholarships Foundation - ACTION: "Strengthening of human resources through the implementation of doctoral research Sub-Action 2: Programme for the awarding of ICF scholarships to doctoral candidates of higher education institutions in Greece", of the Operational Programme "Human Resources Development, Education and Lifelong Learning" co-funded by the European Social Fund (ESF)

- Articles in International Journals with Referee System Embedded in Bibliographic Databases
- **Angeli, M.**, Hassandra, M., Krommidas, C., Goudas, M., Hatzigeorgiadis, A., & Theodorakis, Y. (2024). The Effectiveness of a TPB Educational Program for Preventing Alcohol Use Among Adolescents. *Alcoholism Treatment Quarterly*, 1-19.
<https://doi.org/10.1080/07347324.2024.2373445>
- **Angeli, M.**, Hassandra, M., Krommidas, C., Morres, I., & Theodorakis, Y. (2024). Assessing the Impact of a Health Education Anti-Smoking Program for Students: A Follow-Up Investigation. *Children*, 11(4), 387. <https://doi.org/10.3390/children11040387>
- **Angeli, M.**; Hassandra, M., Krommidas, C.; Psouni, L.; Theodorakis, Y. Implementation and evaluation of a school-based educational anti-doping program for greek high school students. *Exartis* 2023, 40.
<http://dx.doi.org/10.57160/ACPH5367>
- **Angeli, M.**; Hassandra, M.; Krommidas, C.; Kolovelonis, A.; Bouglas, V.; Theodorakis, Y. Implementation and Evaluation of a School-Based Educational Program Targeting Healthy Diet and Exercise (DIEX) for Greek High School Students. *Sports* 2022, 10, 196.
<https://doi.org/10.3390/sports10120196>
- **Angeli, M.**, Hatzigeorgiadis, A., Comoutos, N., Krommidas, C., Morres, I. D., & Theodorakis, Y. (2018). The effects of self-regulation strategies following moderate intensity exercise on ad libitum smoking. *Addictive Behaviors*, 87, 109-114.
<https://doi.org/10.1016/j.addbeh.2018.06.029>
- **Angeli, M.**, Hassandra, M., Krommidas, C., Brisimis, E., Trikalis, C., & Theodorakis, Y. (in press). A study to evaluate the impact of a TPB educational program " Be a H.E.R.O" to prevent bullying among early adolescents. *Journal of Prevention & Intervention in the Community* 2024; Taylor & Francis Group.
- Kiamouri, A., **Angeli, M.**, Krommidas, C., Diggelidis, N., & Karatrantou, N. (2024, July). Tennis coaches' self-determined motivation and achievement goals: Links between coach-created motivational climate, work engagement, and well-being. *Behavioral Sciences*, 14(8), 681.
<https://doi.org/10.3390/bs14080681>

Articles in Journals not included in Bibliographic Databases

PRESENTATIONS AT INTERNATIONAL REFEREED CONFERENCES

- **Angeli, M.**, Krommidas, C., Hassandra, M., Bouglas, V., Kolovelonis, A., & Theodorakis, Y. (2023). Development and assessment of a school-based dietary and physical activity program (DIEX), for Greek adolescents. 16TH INTERNATIONAL CONFERENCE OF SPORT PSYCHOLOGY
- Vlahos, O., Papaioannou, A., Krommidas, C., Loules, G., **Angeli, M.**, Sympas, I., & Digelidis, N. (2023). Development and validation of the observation of multidimensional motivational climate in physical education (ommc-pe): an instrument to assess the motivational climate in physical education settings at situational level. 16TH INTERNATIONAL CONFERENCE OF SPORT PSYCHOLOGY
- **Angeli, M.** (2023). Development and Teaching of Health Education Programmes through new technologies. 1st Conference of Young Researchers in Physical Education and Dietetics
- Katsarou, D., **Angeli, M.**, **Zisi, V.** (2015). Greek Emotional Intelligence Programs. A critical view on the contemporary school reality. Neos Pedagogos, Eugenides Foundation, Athens, Greece.

