

EFTHIMIA STAMOU (BSc, PhD)

BIOLOGIST-MOLECULAR BIOLOGIST-SPECIAL EDUCATOR

ITEM	NUMBER
Articles in International Peer-Reviewed Journals Indexed in Bibliographical Databases	1
Articles not Indexed in Bibliographical Databases	3
Published technical reports for international organizations	1
Presentations at International Conferences	1
Invited Presentations	15
Involved in Successful Grant Applications	1

PERSONAL DETAILS

NAME : EFTHIMIA
 SURNAME : STAMOU
 MARITAL STATUS : MARRIED
 ADDRESS : 8, K.RADOU ST. PYRGOS, TRIKALA, 42100
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EDUCATION

2021-2022 DELTA-MASTER'S DEGREE (Band 7)-University of Cambridge, UK
 ELT/TEACHING ADULTS
 LEARNING DIFFICULTIES AND NEURODEVELOPMENTAL DISEASES.

1999-2004 PhD IN CELL & MOLECULAR BIOLOGY
University of Essex, Department of Biological Sciences, UK
THESIS TITLE :“Aeroporation of plant cells”. (**Scholarship by Immunoporation Ltd-Essex University**)

1996-1999 BSc IN BIOLOGICAL SCIENCES
University of Essex, Department of Biological Sciences, UK
Dissertation title: ” Expression of β -galactosidase in HL-60 cells by electroporation”.

EMPLOYMENT EXPERIENCE

2015-PRESENT Freelancer/Academic associate/Teacher trainer

2012-2014 English Teacher (all levels/Special Educator)
EVROPEDIA Foreign Language School, Halandri, Athens

2010-2011 English Teacher/Special Educator
EVROPEDIA Foreign Language School, Halandri, Athens

2006-2010: English Teacher (all levels)
MARKOPOULOU Foreign Language School, Vyronas, Athens

Jan 2003-Nov 2005 Post-Doctoral Fellowship and “Aeroporation” technology consultant (in collaboration with PBL, Norwich Research Park, UK).

TEACHING IN ACADEMIC PROGRAMMES

2025-2026	External Department Instructor- Molecular Biology , Faculty of Nutrition and Dietetics, University of Thessaly, Trikala.
2002	Researcher/Teacher Institute of Microbiology and Genetics, Vienna Biocenter, Austria
2002-2003	Student Tutor (postgraduates), University of Essex, UK
1999-2002	Laboratory Demonstrator in biology and IT practical courses, University of Essex, UK

SCIENTIFIC PUBLICATIONS

- Tzavelas C., Nateri A.S., Xu K., Horefti E., **Stamou E.** & Rickwood D. Immunoporation: Variables affecting the efficiency of cell transfection (2000), Molecular biology of cell, 11, 130A
- Tzavelas C., Nateri A.S., Xu K., Horefti E., **Stamou E.** & Rickwood D. Factors that influence the effectiveness of immunoporation (2001), 1st International Pharmaceutical Congress, - Congress proceedings, Hellenic Pharmacological Society, Athens, Greece, 90 (in Greek)

Forthcoming papers:

- **E.Stamou**, D.Rickwood, M.Shanks, S. Tribolo, J. Sun, B.Worland, JW Snape and P.Vain .Aeroporation for delivering nucleic acids and proteins into living cells. **In preparation**
- **E.Stamou**, D.Rickwood B.Worland, JW Snape and P.Vain. Aeroporation: Variables affecting the efficiency of cell transfection in plants. **In preparation**
- **E.Stamou**, D.Rickwood and P.Vain. Transfection of *E.Coli* by the method of Aeroporation. **In preparation**

PARTICIPATION IN CONFERENCES

- Agbiotech 99: Biotechnology and World Agriculture. The Millennium Conference Centre, London, UK, November 14-16, 1999.
- Post-transcriptional Regulation of Plant Gene Expression .University of East Anglia, Norwich, UK, April 15-17, 2004

SEMINARS

- Psychology Seminars-**UK (1999-2002)**
- Teacher Development Seminars & seminars on students with Learning Difficulties and Special Educational needs **(2006-present)**